

# Beauty of 4Ps 2017

- 2 case of PCI for LAD CTO with LMT disease -

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**FACC, FAHA, FESC, FSCAI**

# Introduction

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If... We faced the really difficult situation  
of treatment of CAD: PCI...

Personally, I think , better to think "4 Ps"

1<sup>st</sup> P : Power of image

2<sup>nd</sup> P : Plan your strategy

3<sup>rd</sup> P : Product knowledge

4<sup>th</sup> P : Professionalism/ Perseverance

## **1<sup>st</sup> P : Power of image**

For maximizing their advantages, we have to know what can be done and what cannot be done for each device and acquire the skill of interpretation of images that are obtained from these modalities.

## **2<sup>nd</sup> P : Plan your strategy**

Based on the information that you get, plan your PCI strategy. Think scenarios as many as possible and scrutinize them based on lesion information and target of that particular patient.

**3<sup>rd</sup> P : Product knowledge**

**4<sup>th</sup> P : Professionalism/ Perseverance**

Finally, your professionalism as an interventional cardiologist is crucial for the success of the procedure.

Sense of mission as a cardiologist will drive you to seek for further improvement of your skill constantly.

Perseverance is the indispensable quality that you have to demonstrate as professional cardiologist.

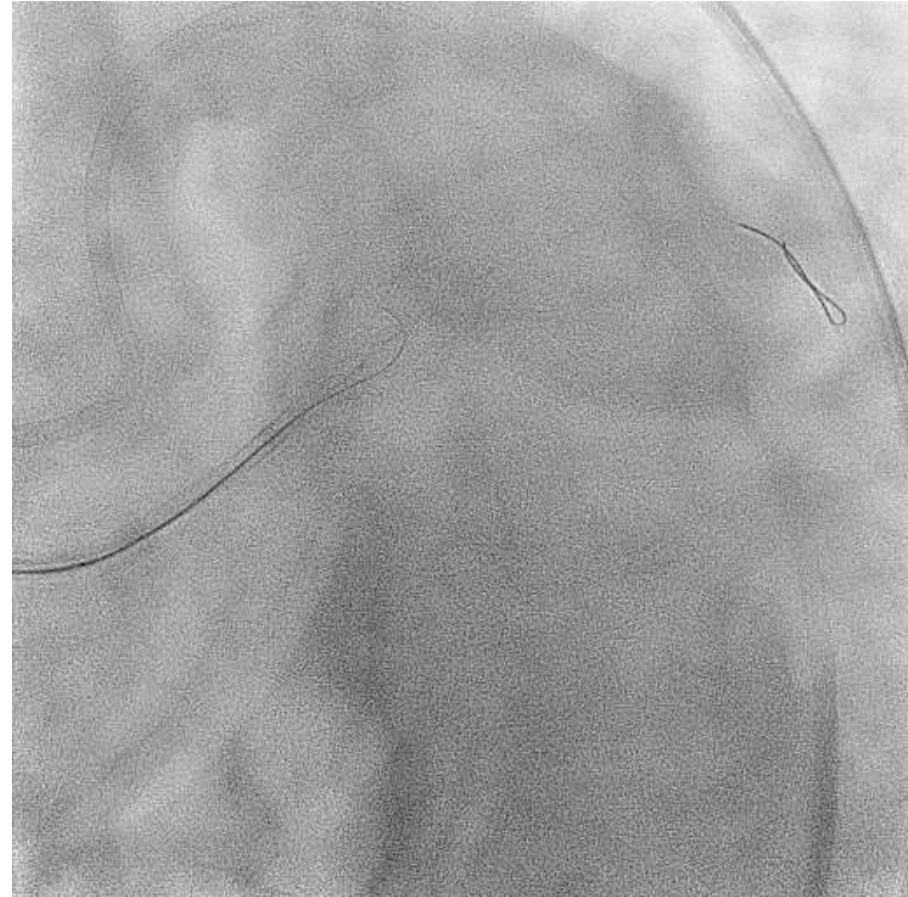
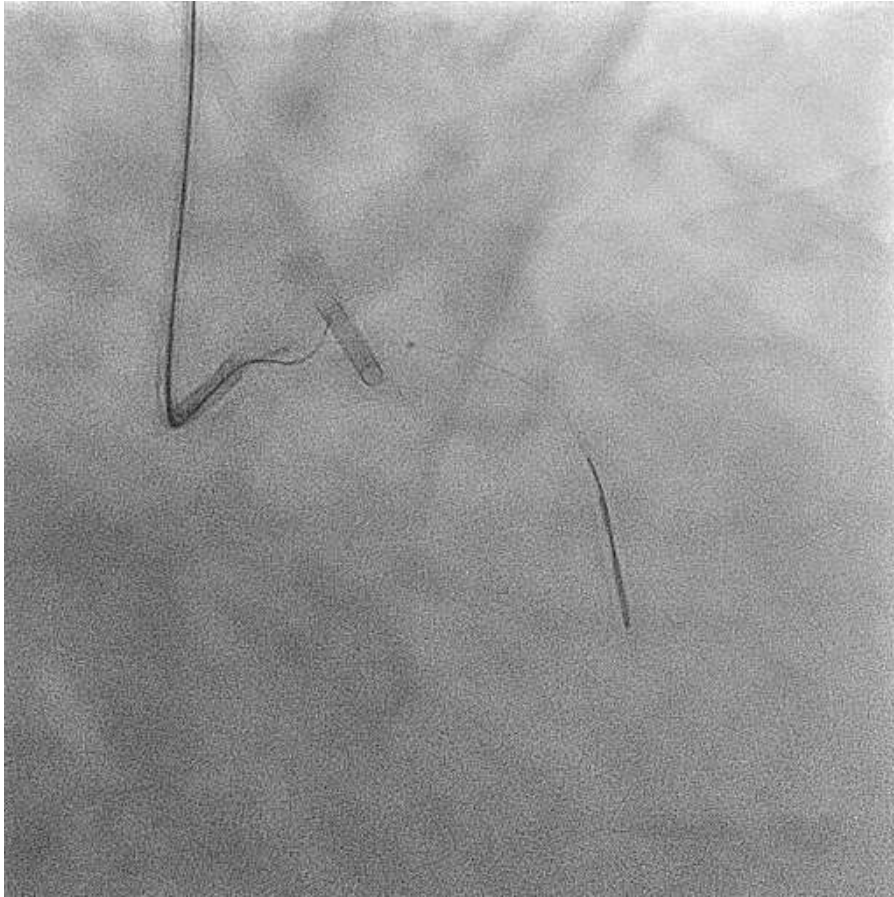
# Case 1 ; CT image guide approach

LAD ostium No Stump CTO without any fine route of retrograde approach, we need another guide for climbing route.

**In case, Angio-coronary CT co-registration System guide GW-ing is useful.**

# Case 1 : 70yo, M,

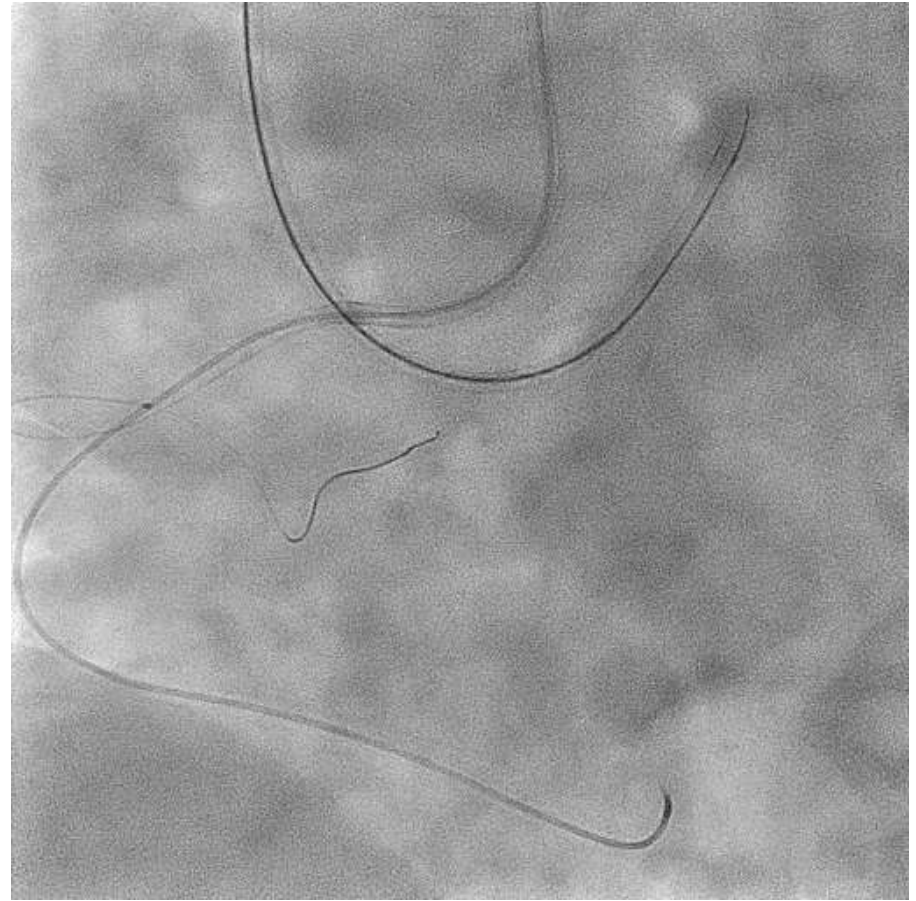
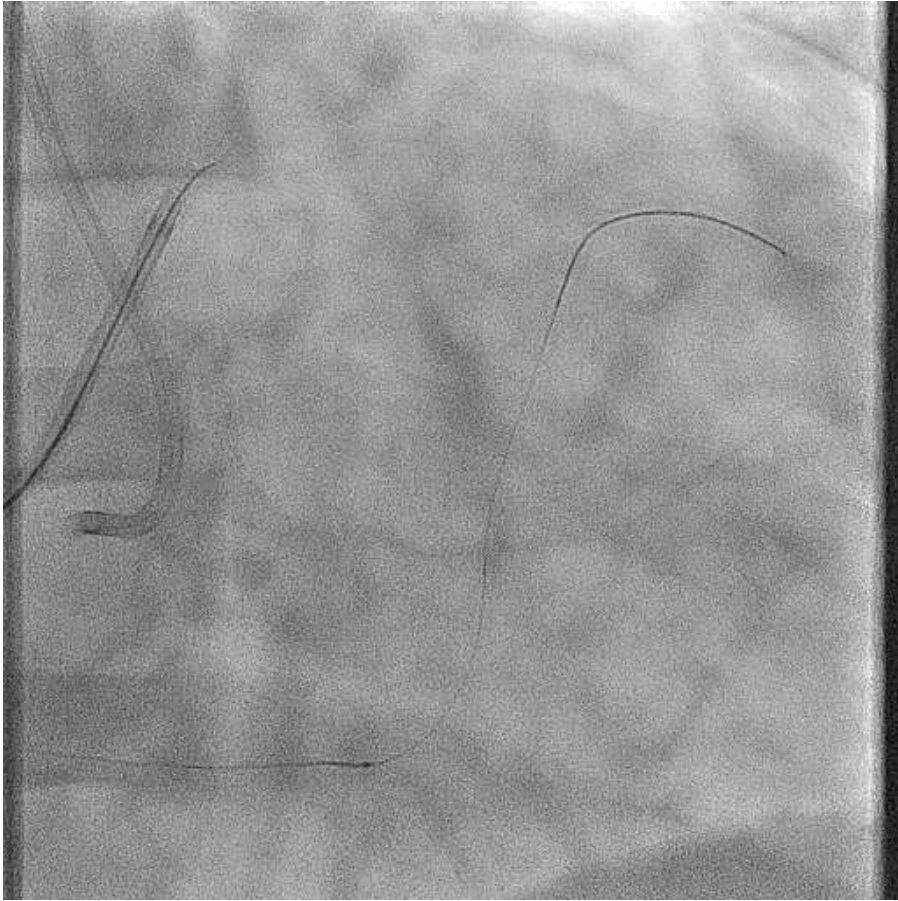
7 years history of Angina, moderate coronary risk factor ( HT, Dyslipidemia , No CKD).... A very small ECG change, UCG: EF was 52 %, moderate decreased anterior wall motion. Big ischemic area by scintigraphy.



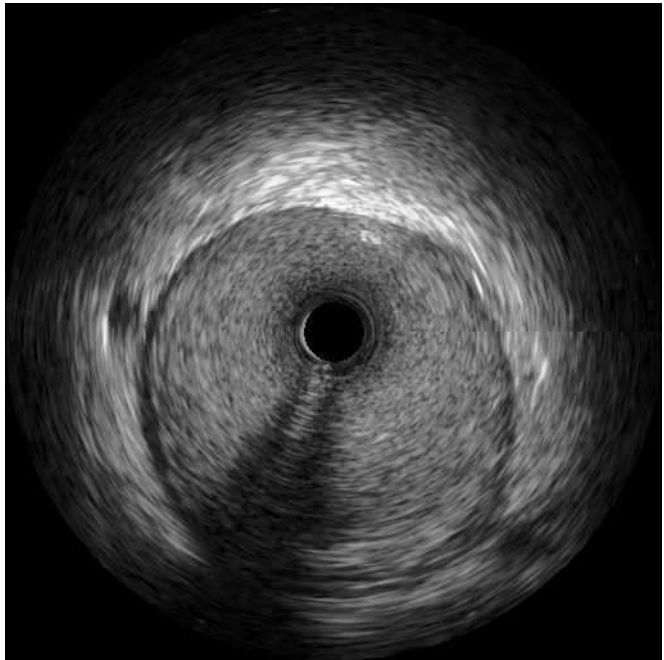
No Stamp LAD CTO



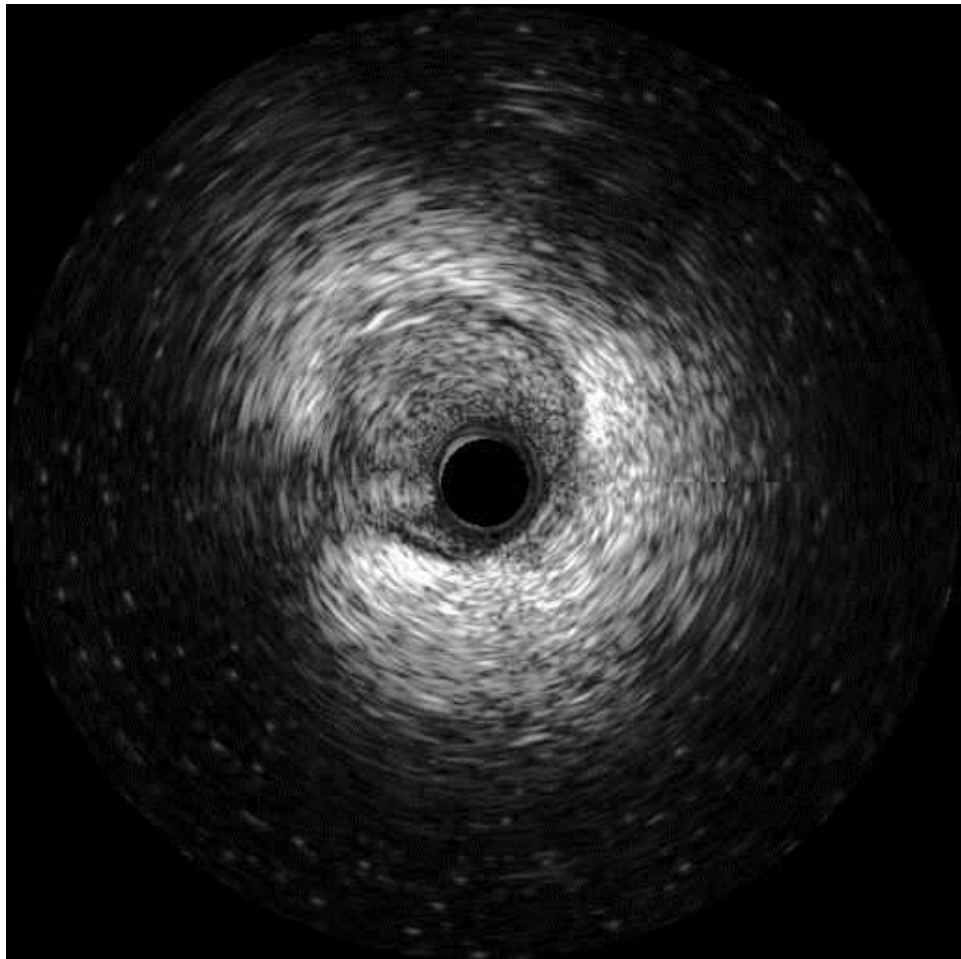
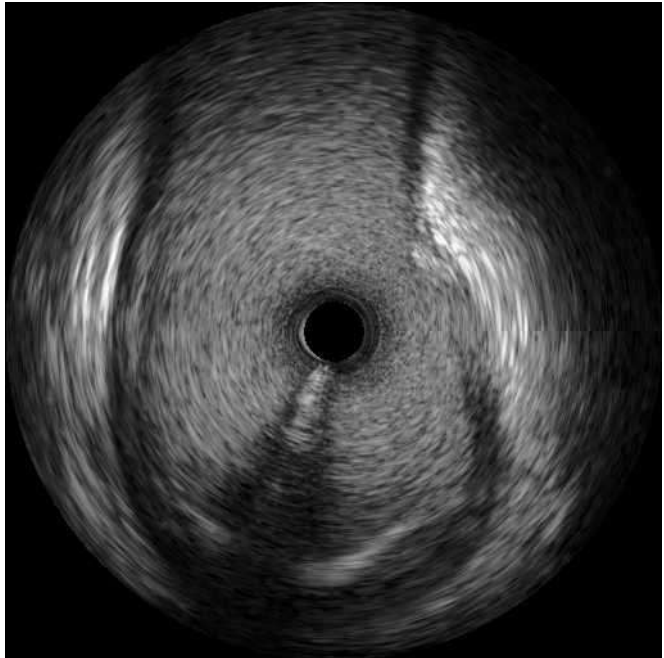
# Case 1 : No Stump LAD CTO



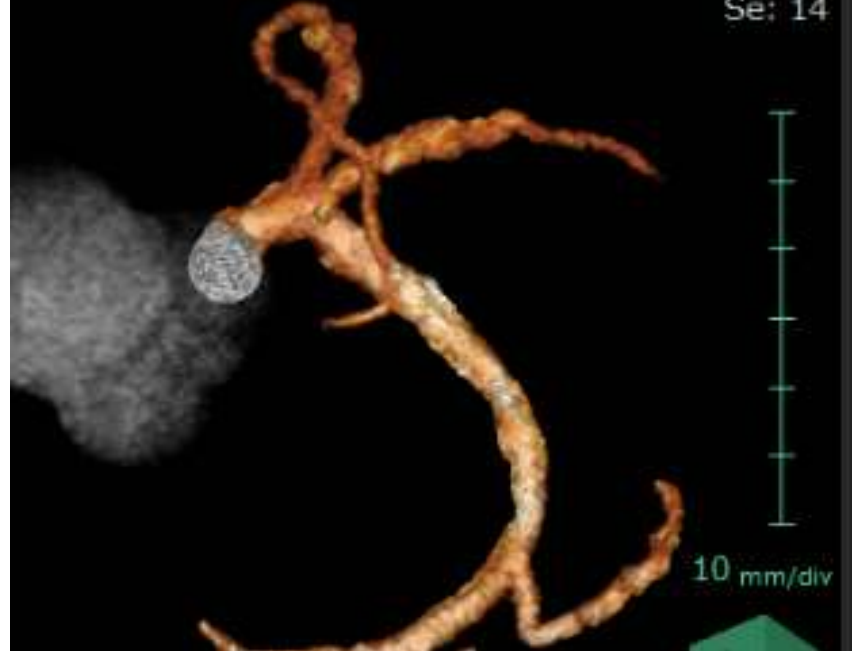
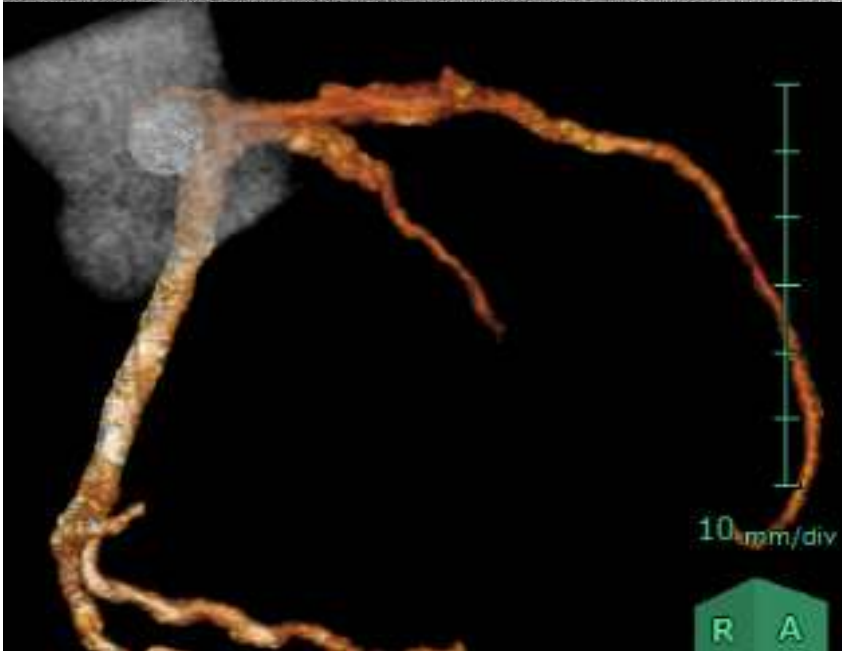
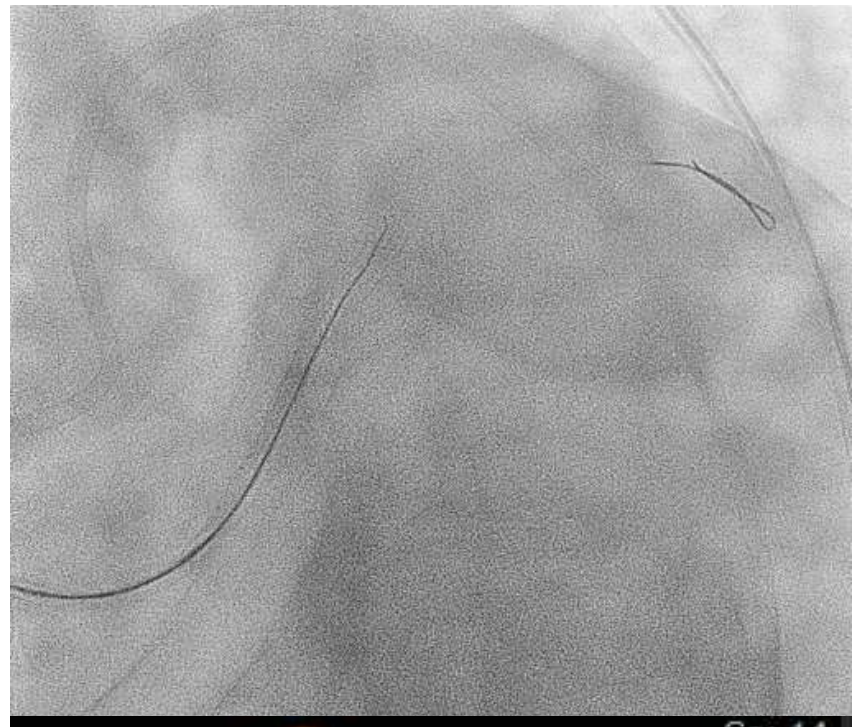
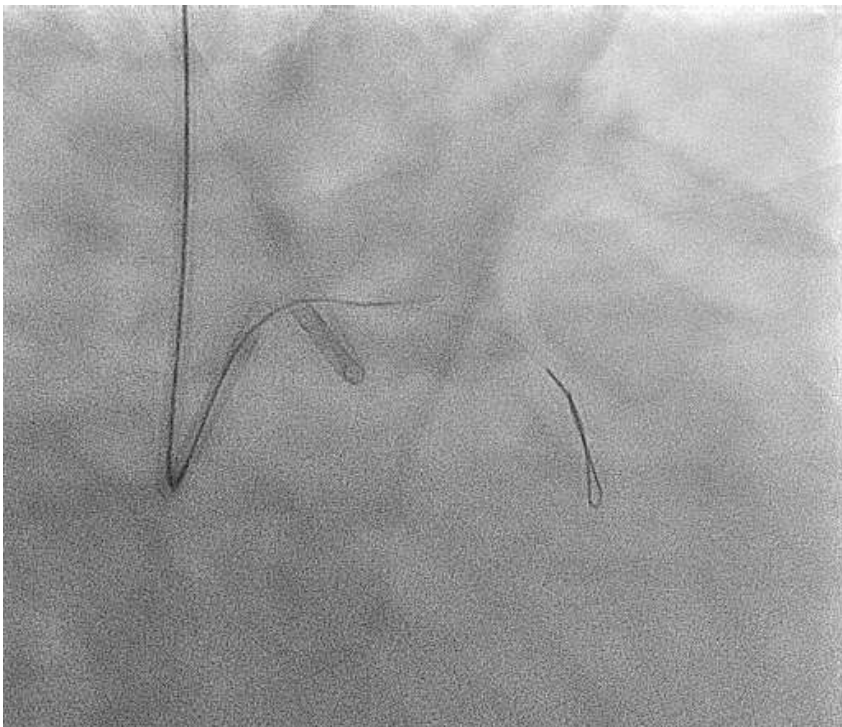
No appropriate retrograde channel for retrograde approach

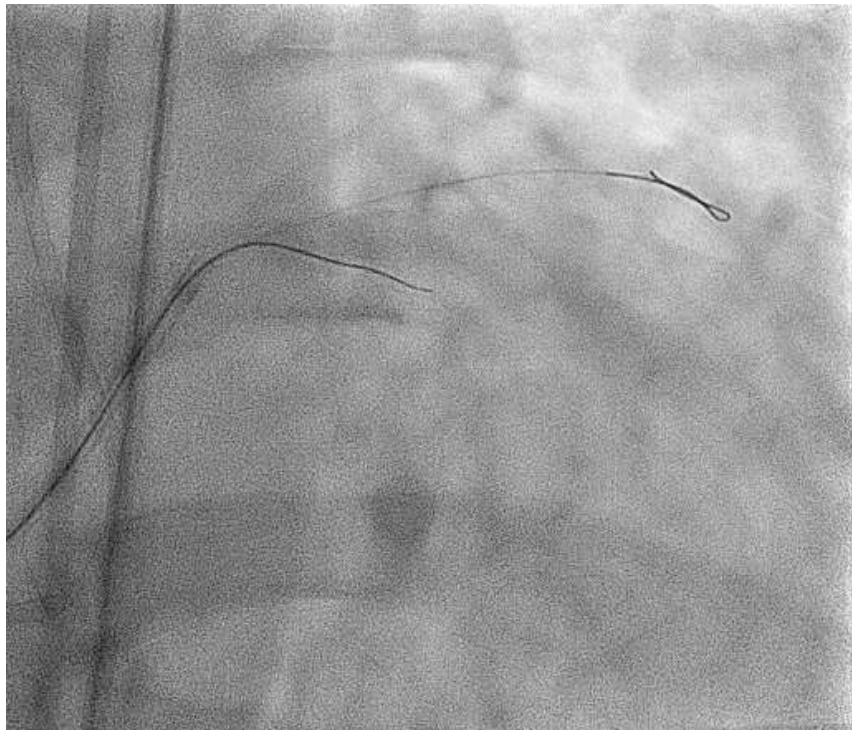


If we checked IVUS from OM to LMT,  
We can not find entry of LAD CTO,  
But if we review CT finding...

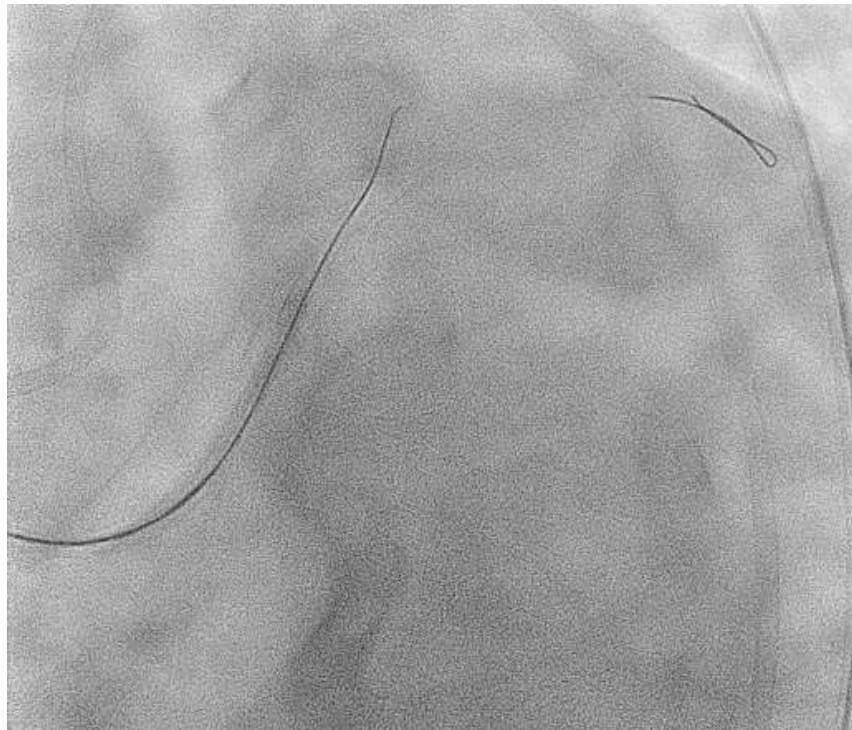




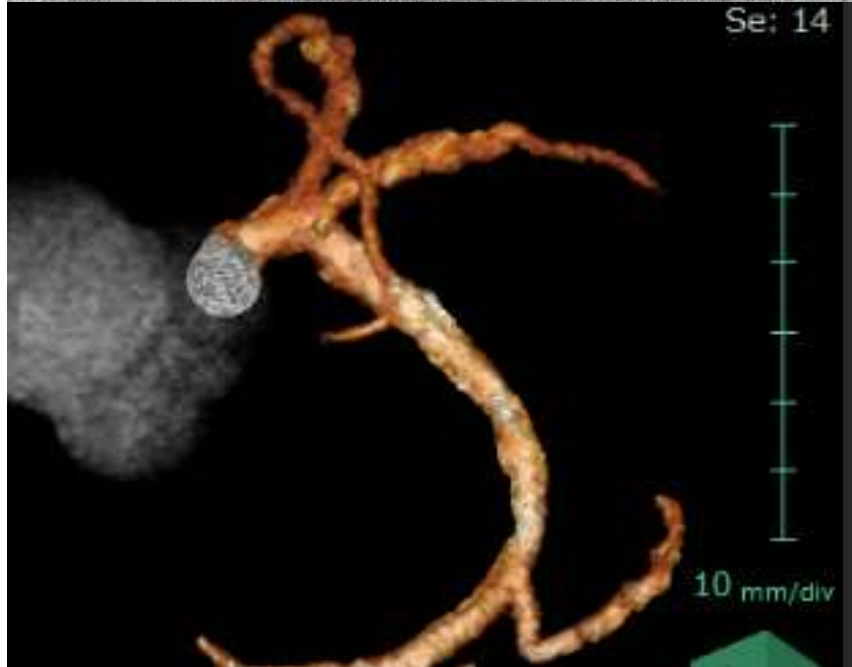
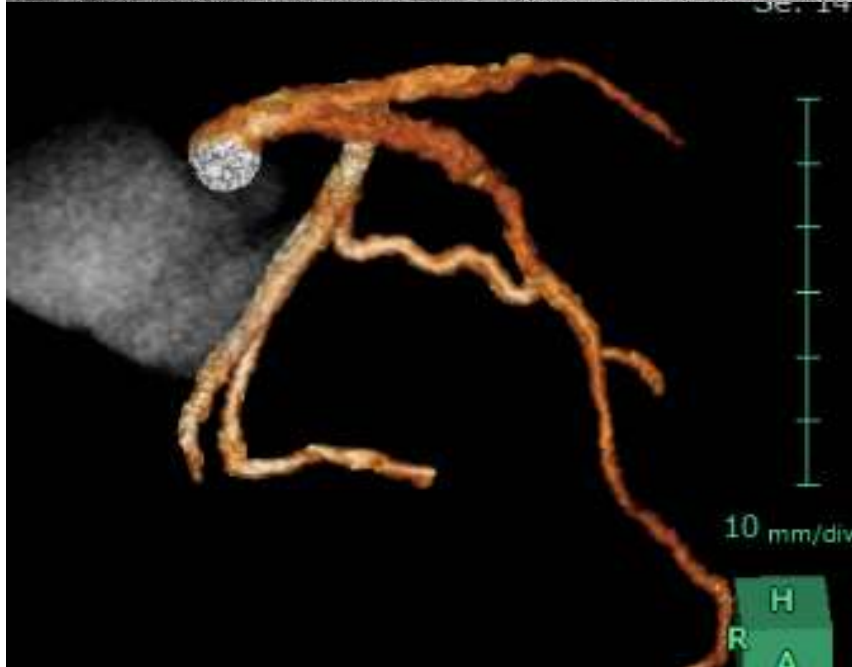




Se: 14



Se: 14



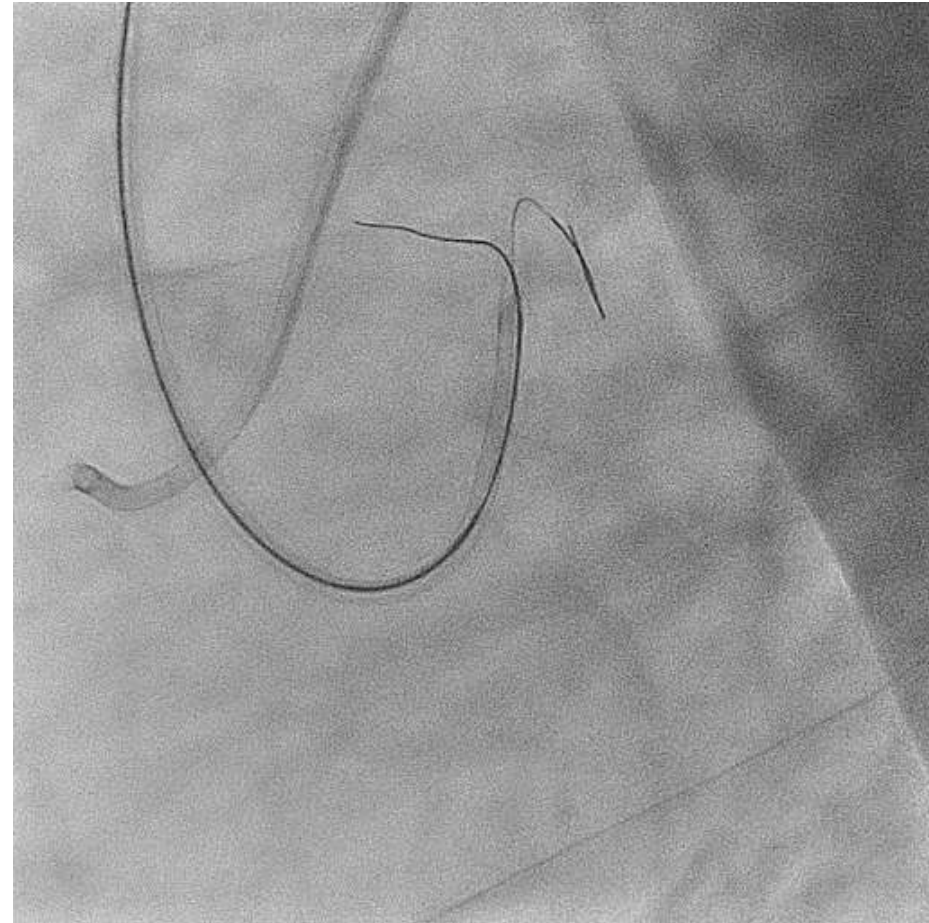
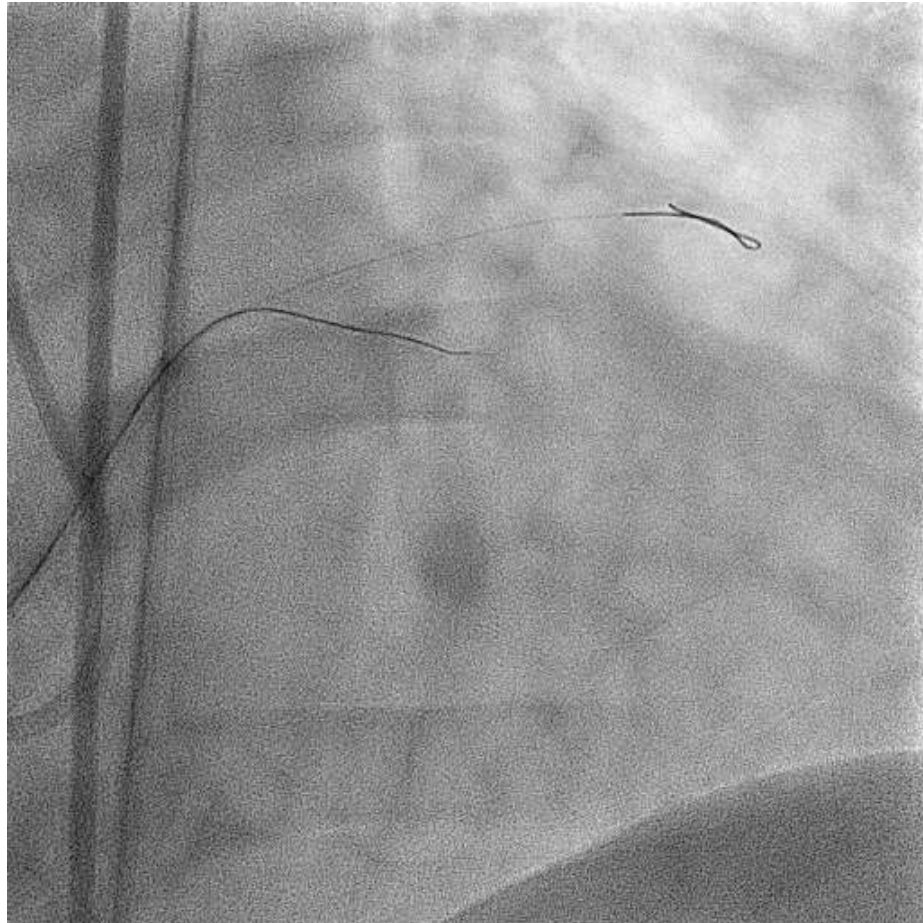




**Need Technique**



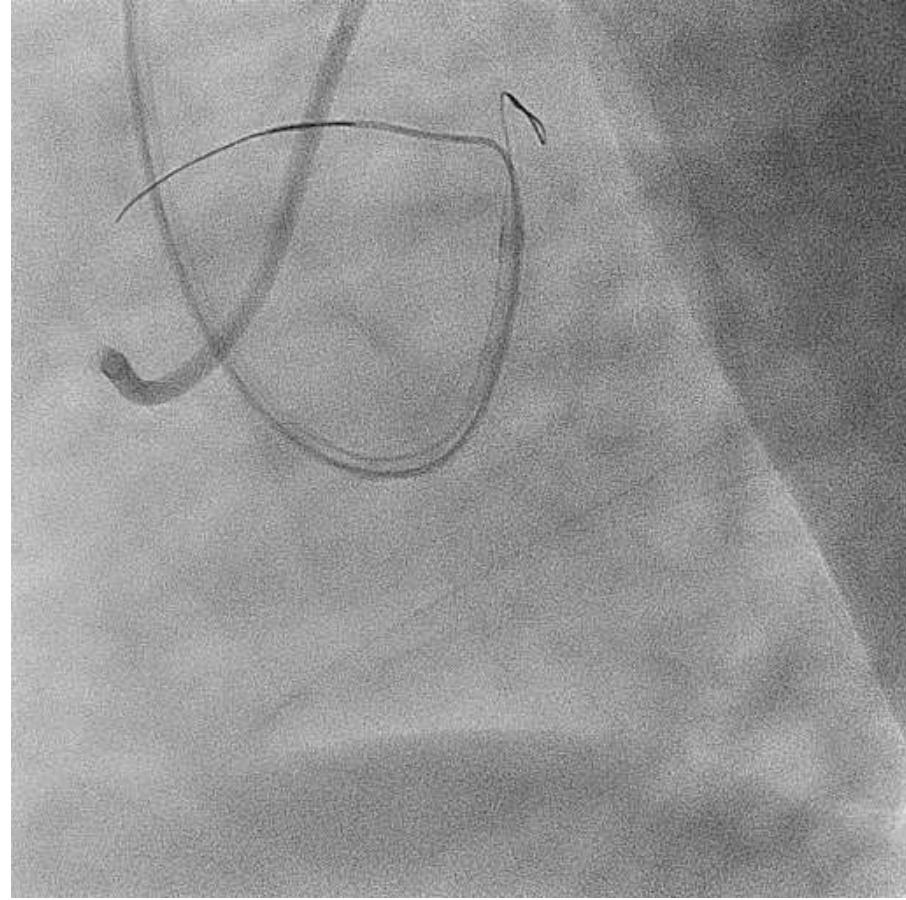
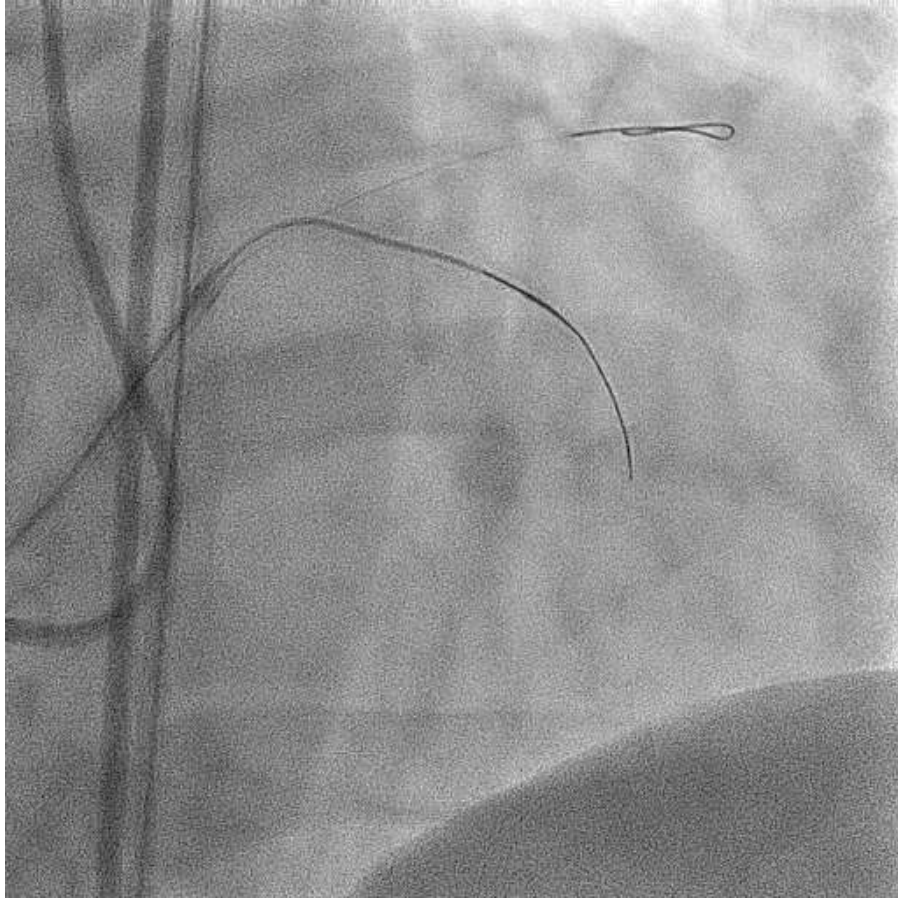
# Case 1 : No Stump LAD CTO



We successfully could enter GW in the lumen of LAD CTO.



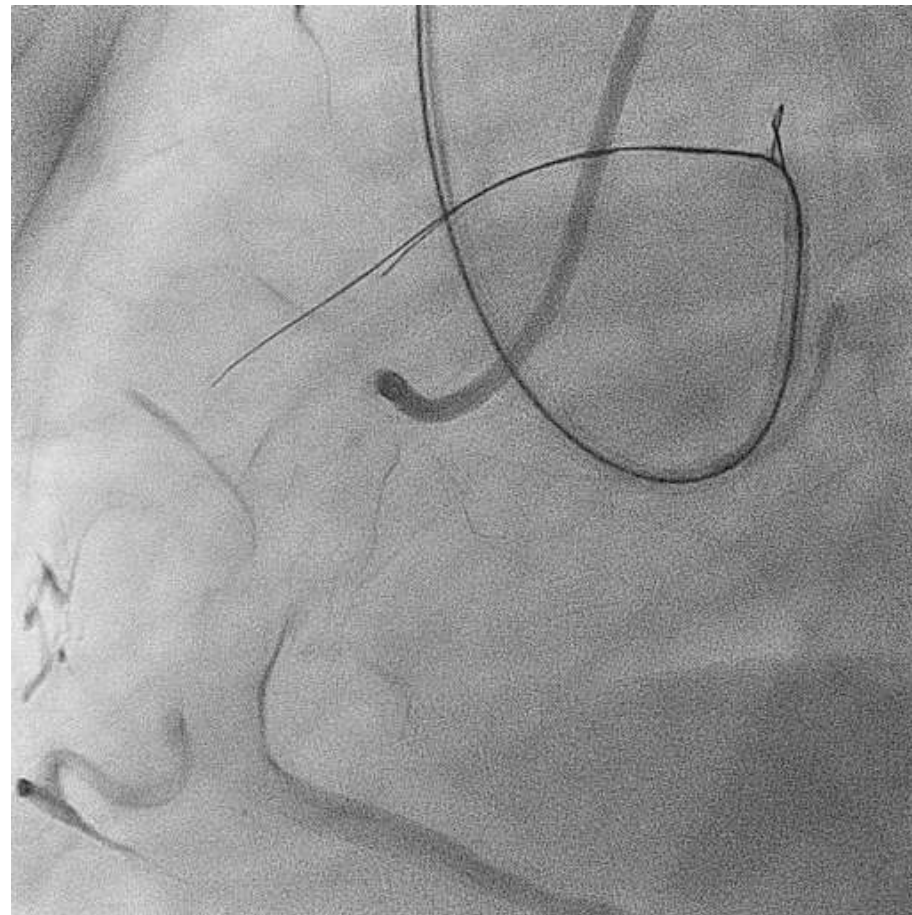
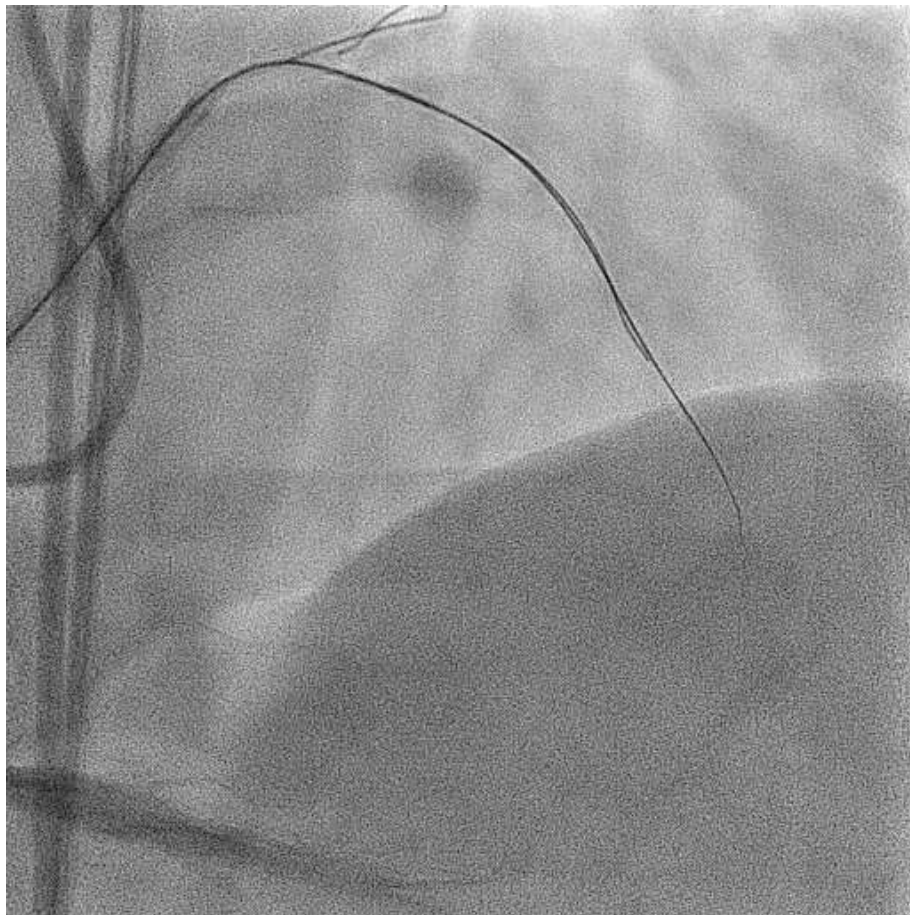
# Case 1 : No Stump LAD CTO



Checked GW position with several view to confirm the GW position.

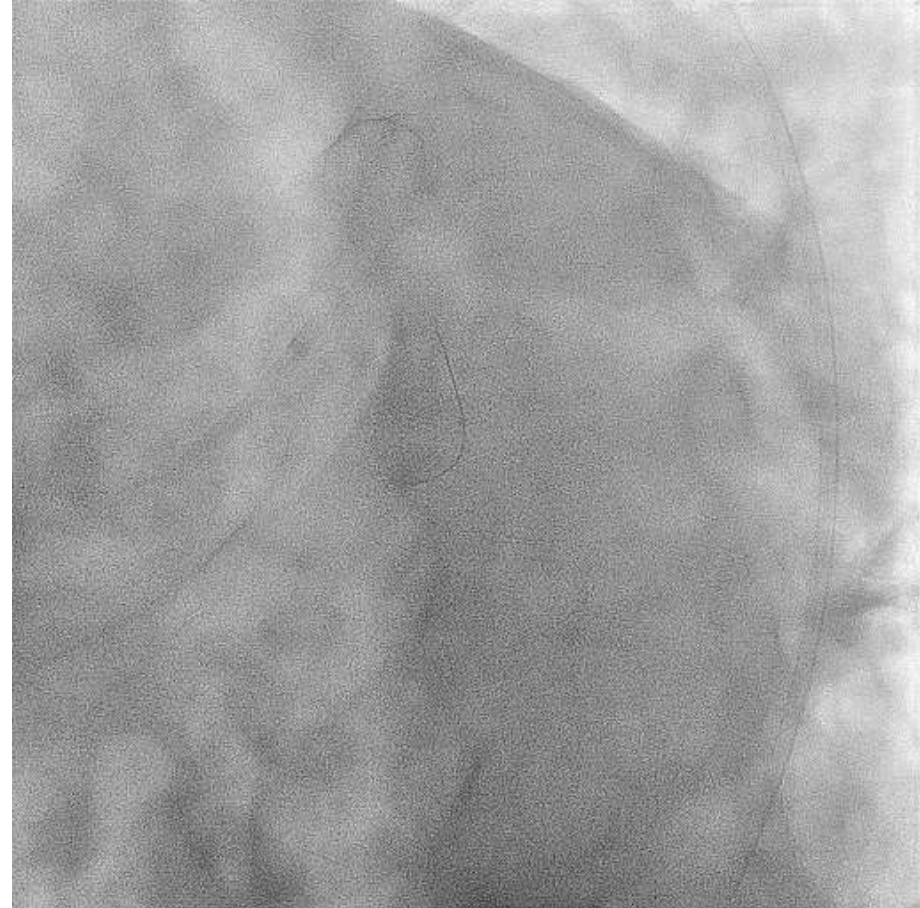
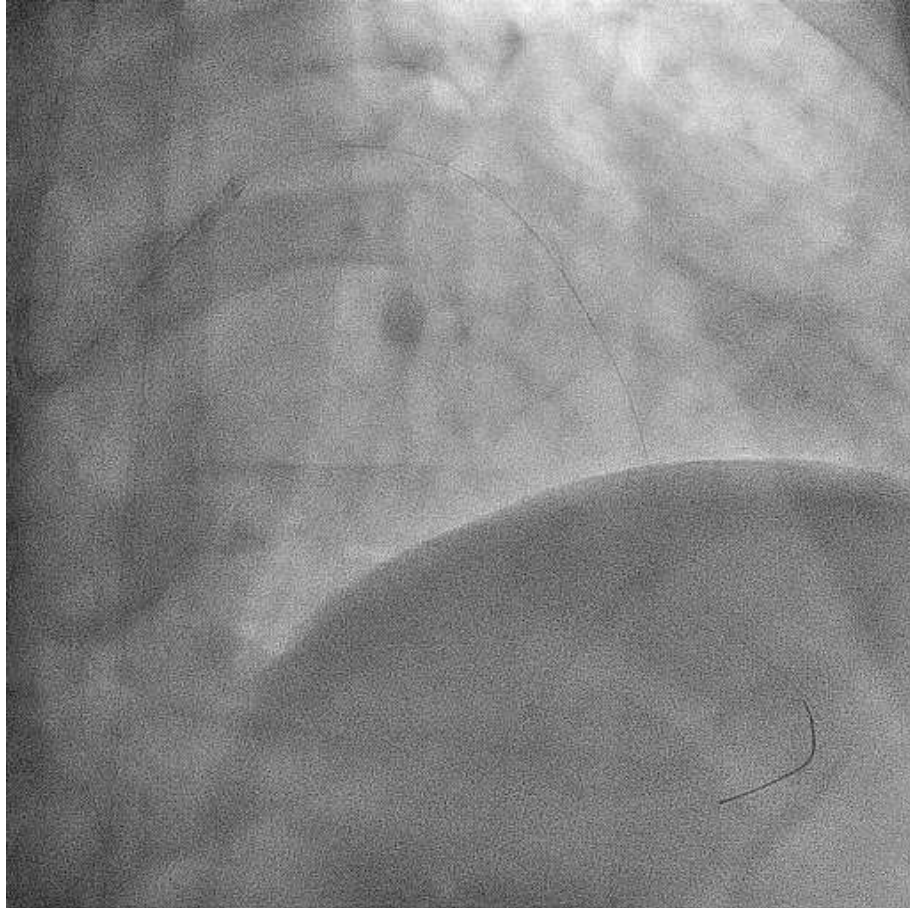


# Case 1 : No Stump LAD CTO



Now, our GW was already inside of true lumen, then ballooning and stenting

# Case 1 : No Stump LAD CTO



Final Result

# Key Messages 1

In case of LAD no stamp CTO, usually, we can not see the entry point by IVUS, because of the big space of LMT.

However, careful observation of CT image of coronary artery is more important than anything else to conjecture of coronary artery route.



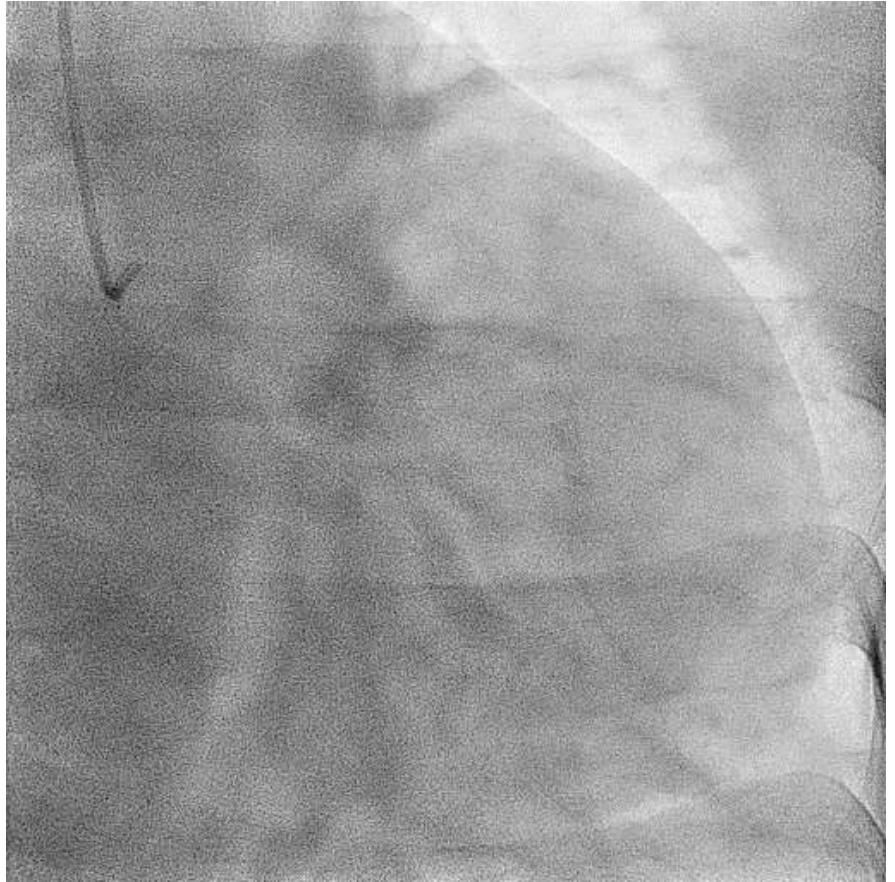
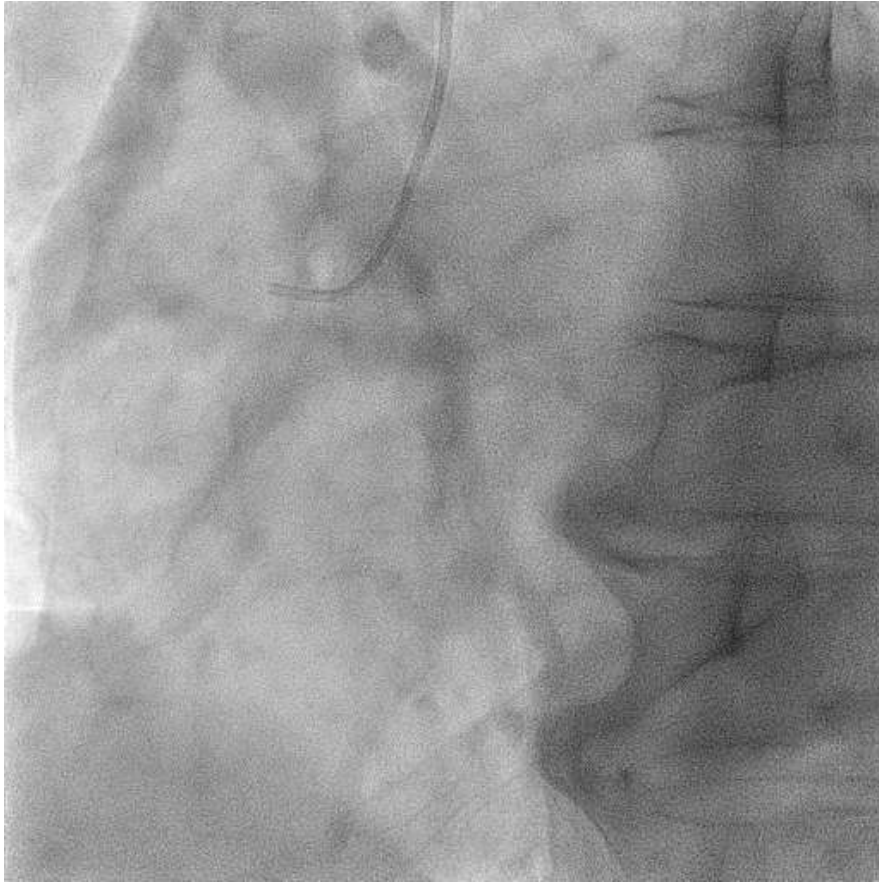
## Case 2 ; IVUS guide approach

LAD ostium No Stump CTO with LMT stenosis without any fine route of retrograde approach, we need guide for climbing route.

**In case, IVUS guide approach to find out entry point is very useful.**

## Case 2 : 68yo, F,

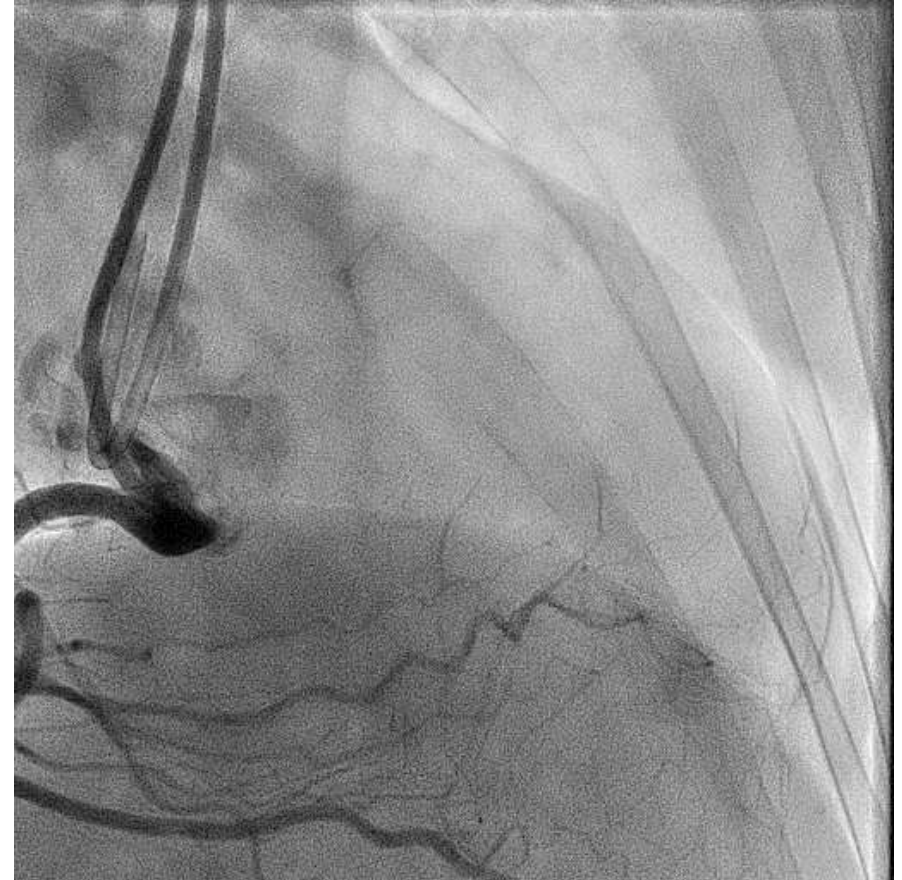
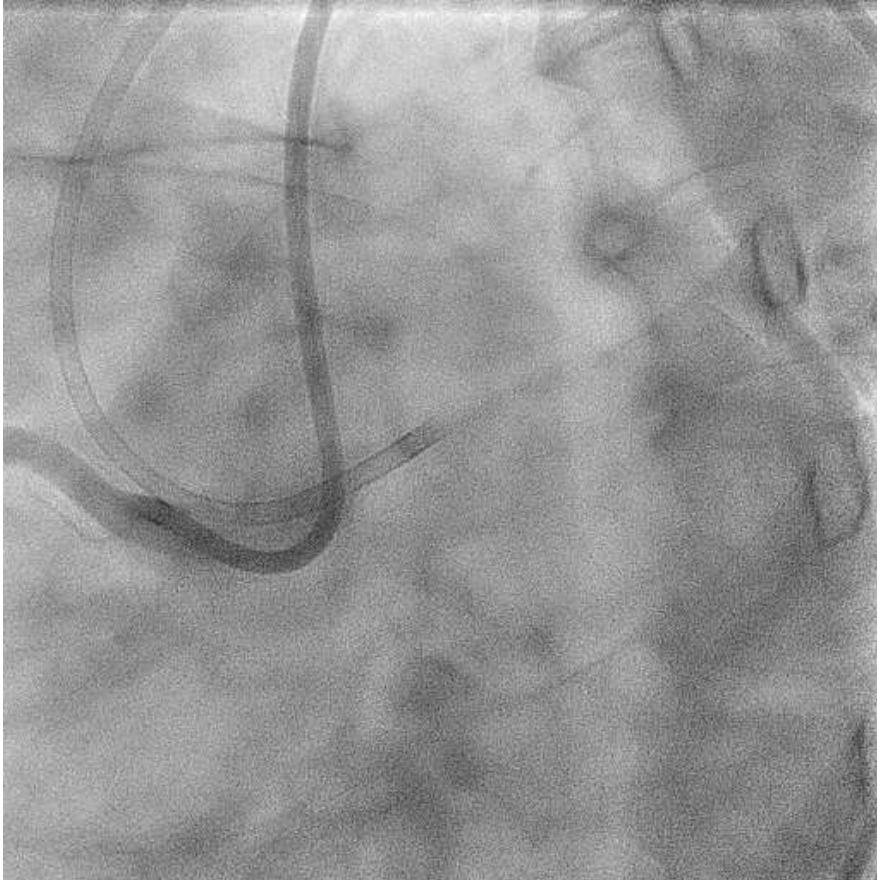
4 years history of Angina, several coronary risk factor ( DM, HT, Dyslipidemia , No CKD).... Broad ST depression in chest lead ;ECG change, UCG: EF was 42 %, moderately decreased anterior wall motion. Big ischemic area by scintigraphy.



E-GFR 75.0, Cr. 0.60, SYNTAX score 32, Eurocore 1.05

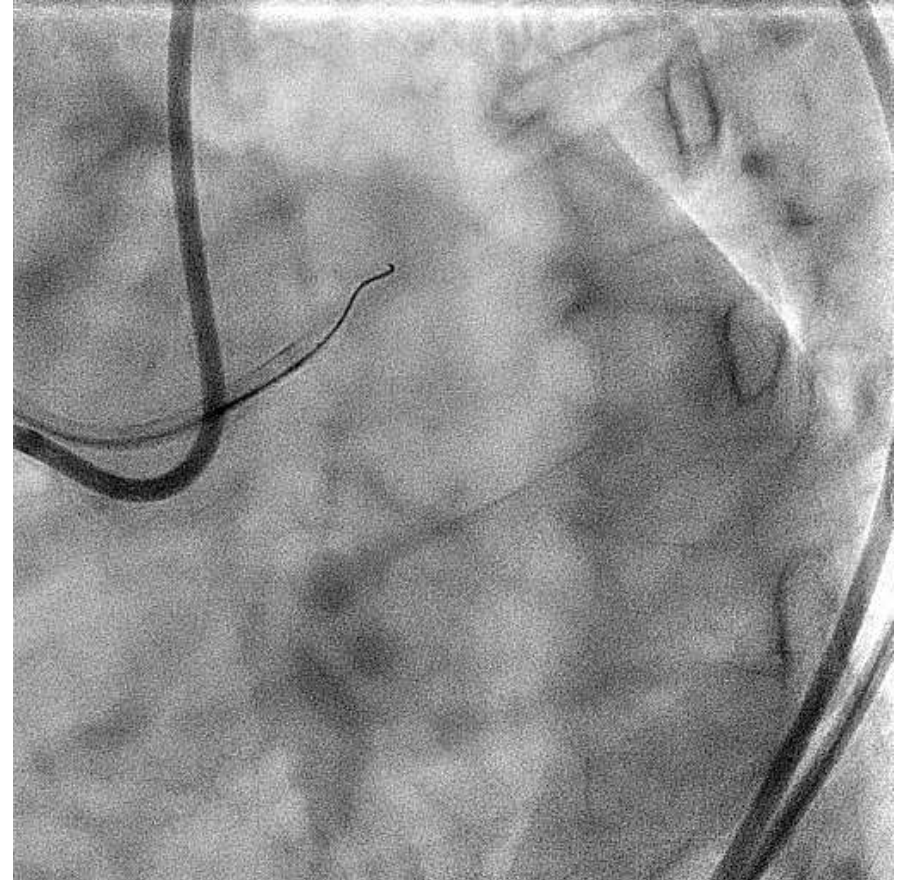
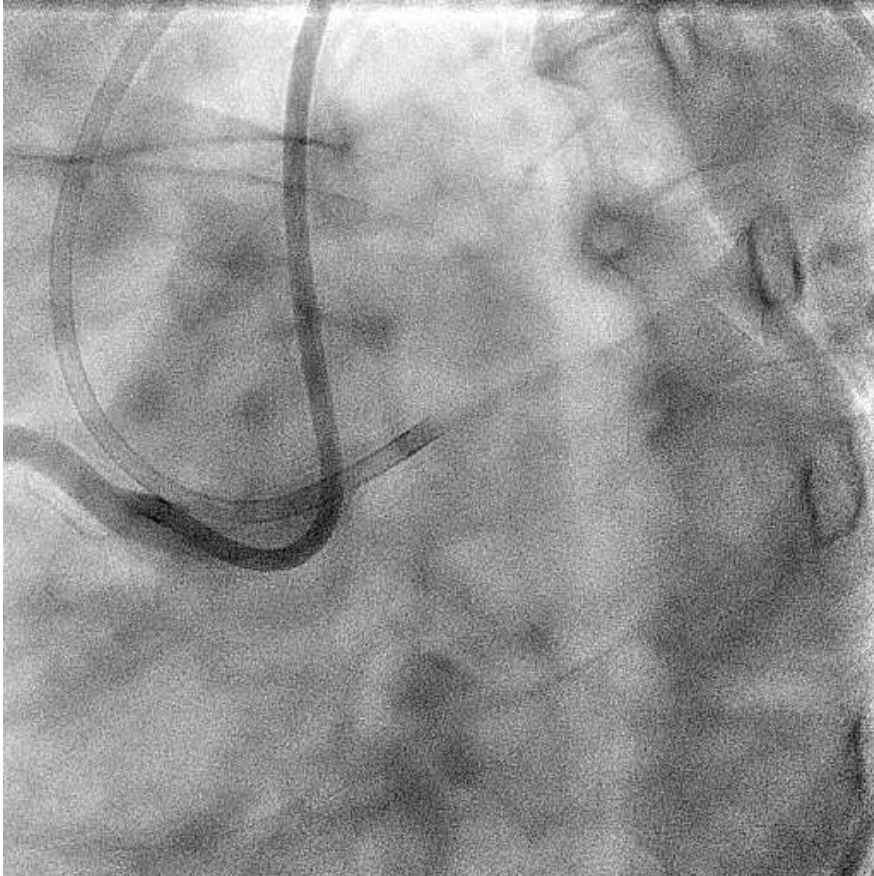


# Case 2 : LAD CTO with LMT(LCX ost.) stenosis



LAD CTO with LMT severe stenosis(LCX ost. stenosis)  
Very nice collateral from RCA

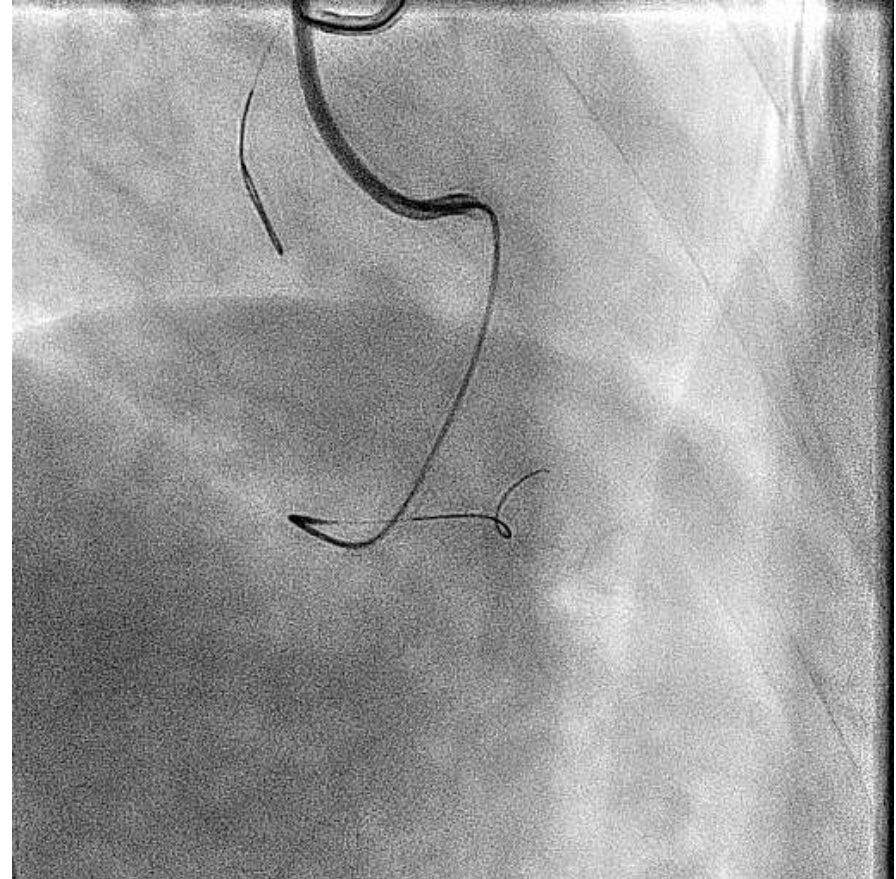
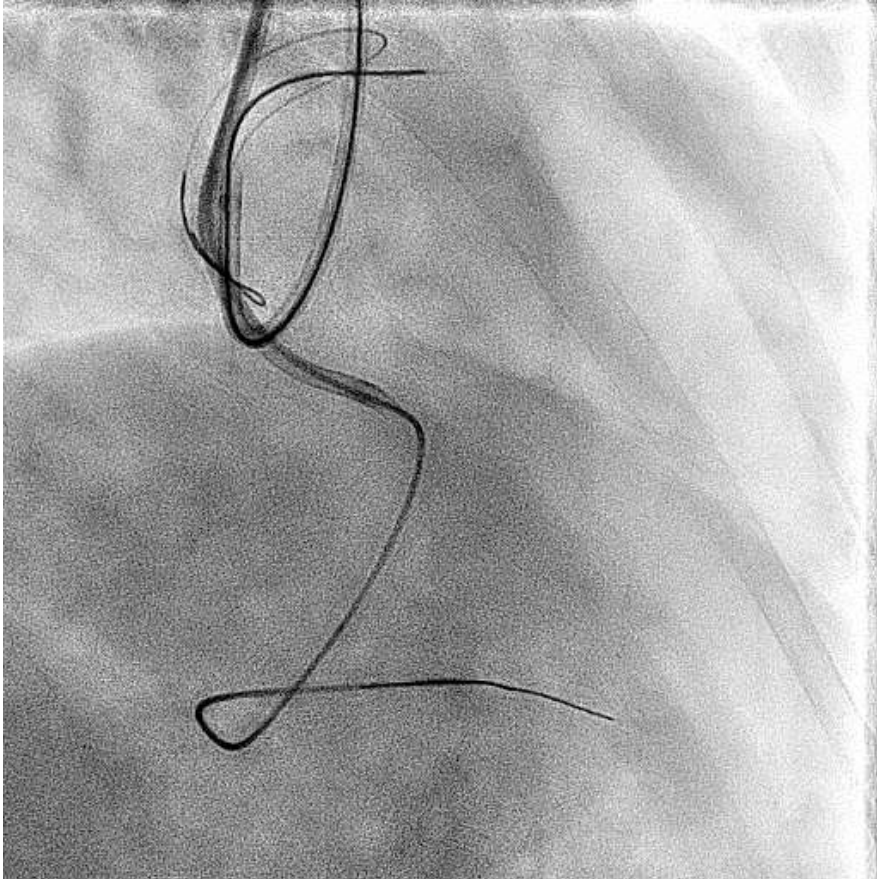
# Case 2 : LAD CTO with LMT(LCX ost.) stenosis



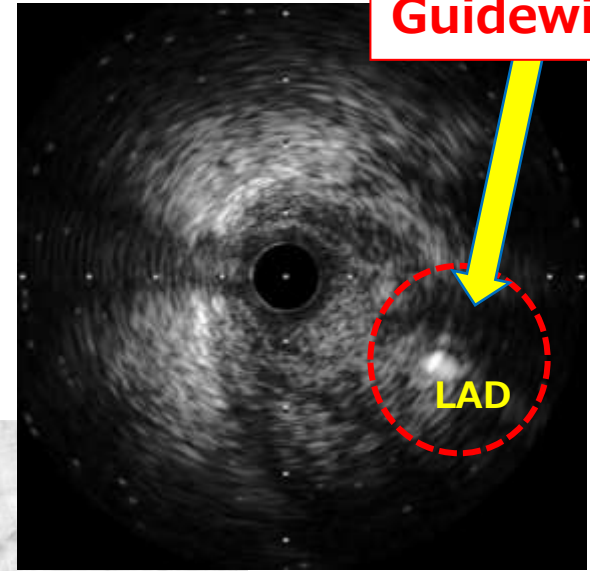
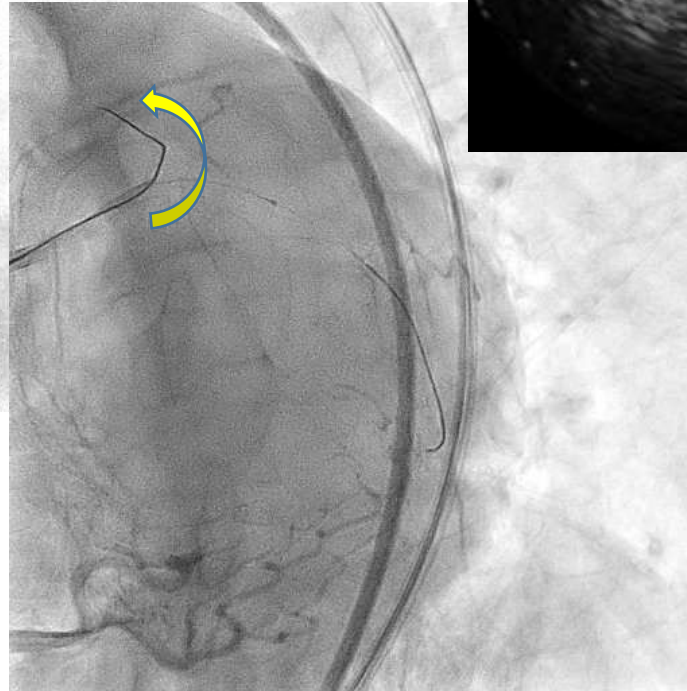
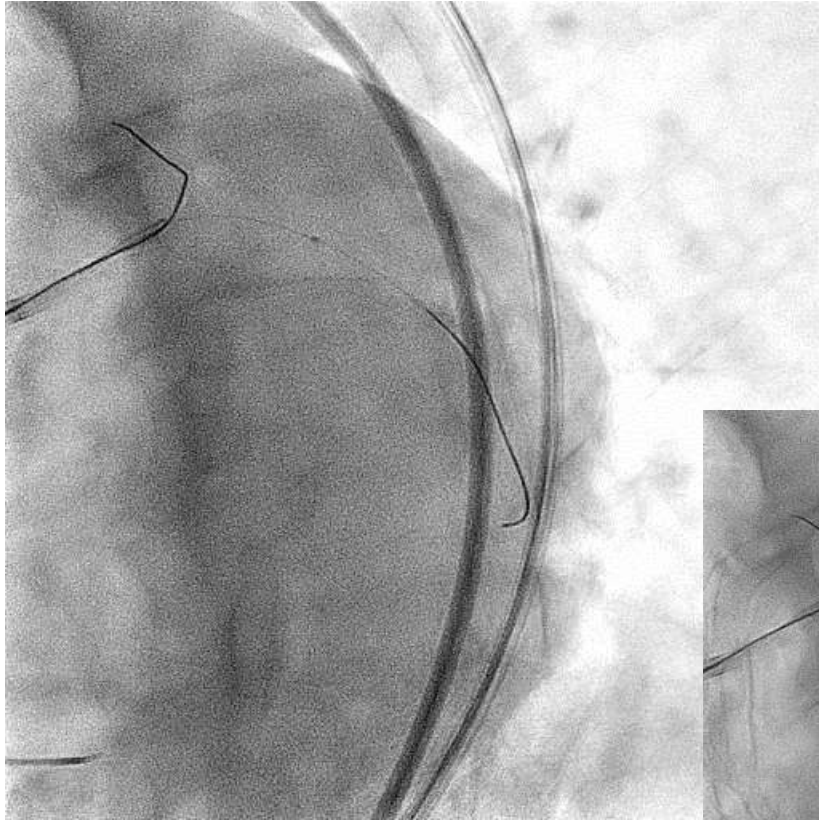
LAD CTO with LMT severe stenosis(LCX ost. stenosis)  
At first, attempting Antegrade Approach, but no guarantee



## Case 2 : LAD CTO with LMT(LCX ost.) stenosis



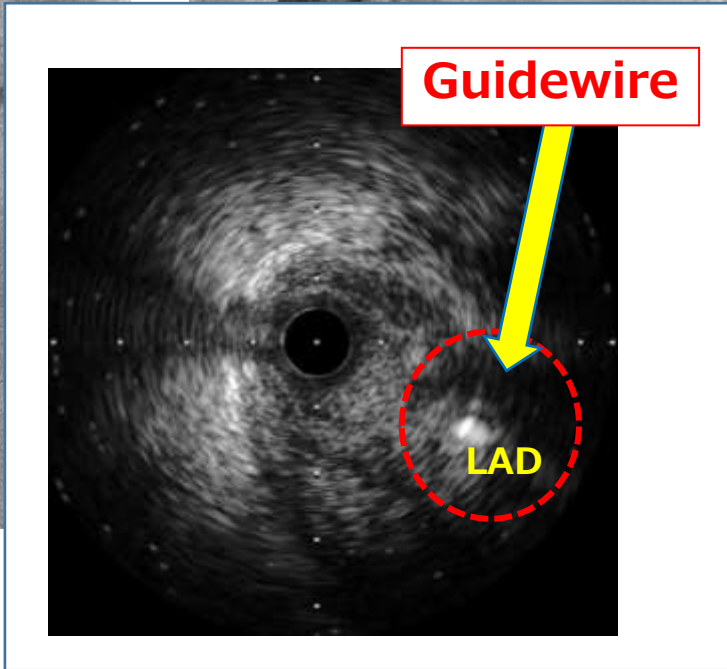
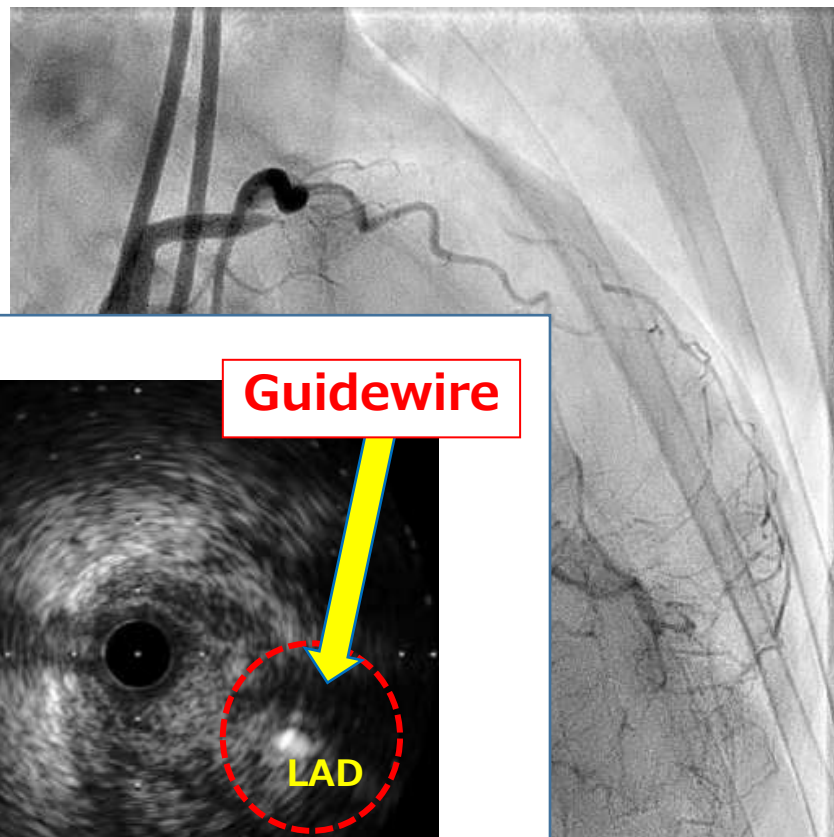
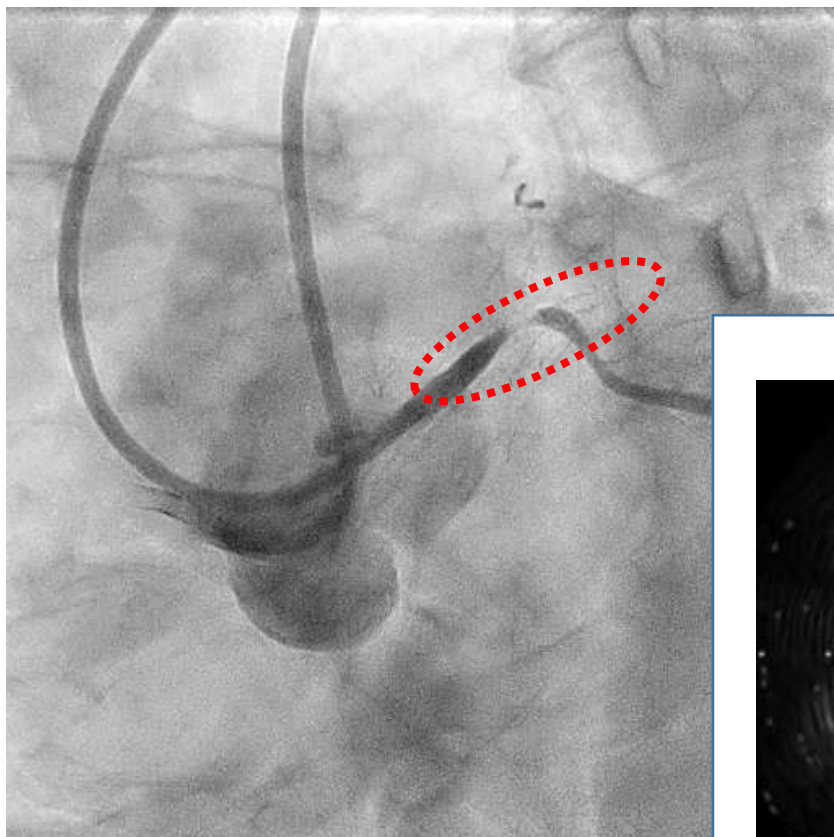
Started Retrograde Approach, seemed to have a appropriate collateral channel, but couldn't negotiate some corkscrew part.



So we start IVUS guided guide-wiring for entering LAD CTO,  
Usually, we couldn't, because of the big space of LMT.

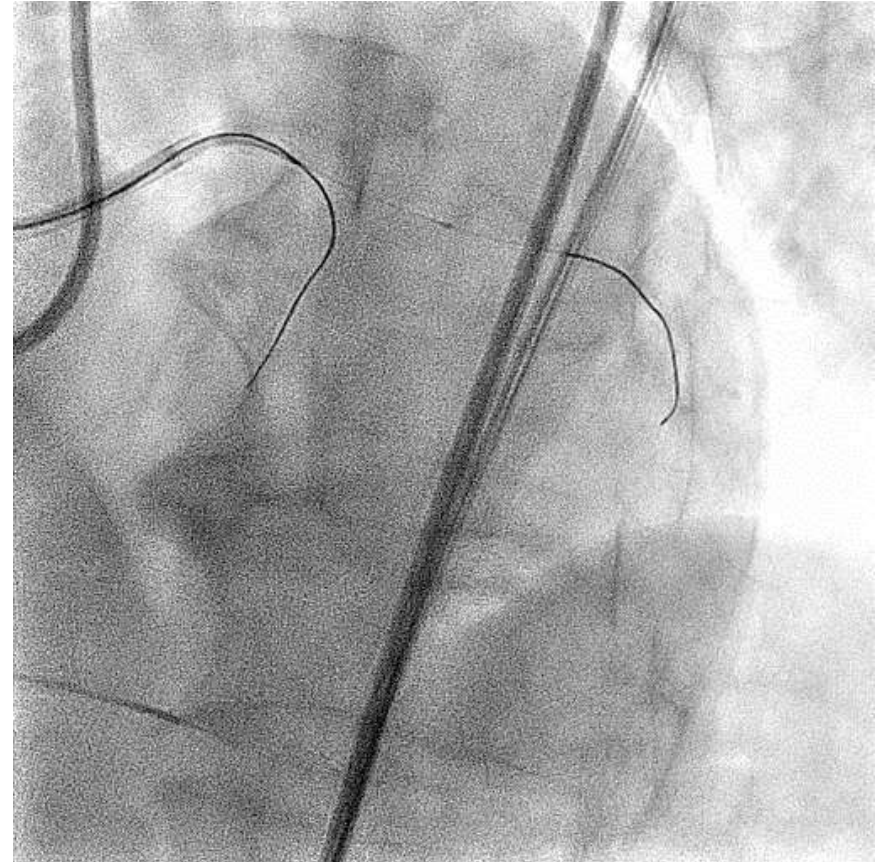
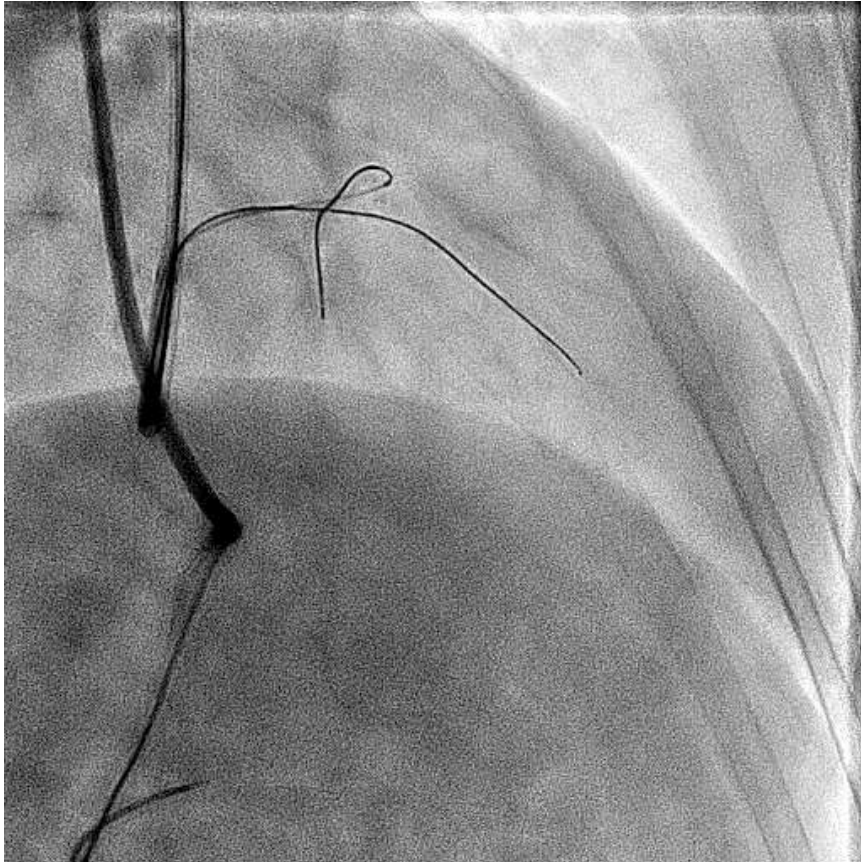


Because of the narrowing of the LMT bifurcation area, we have a chance to find out ENTRY POINT of CTO



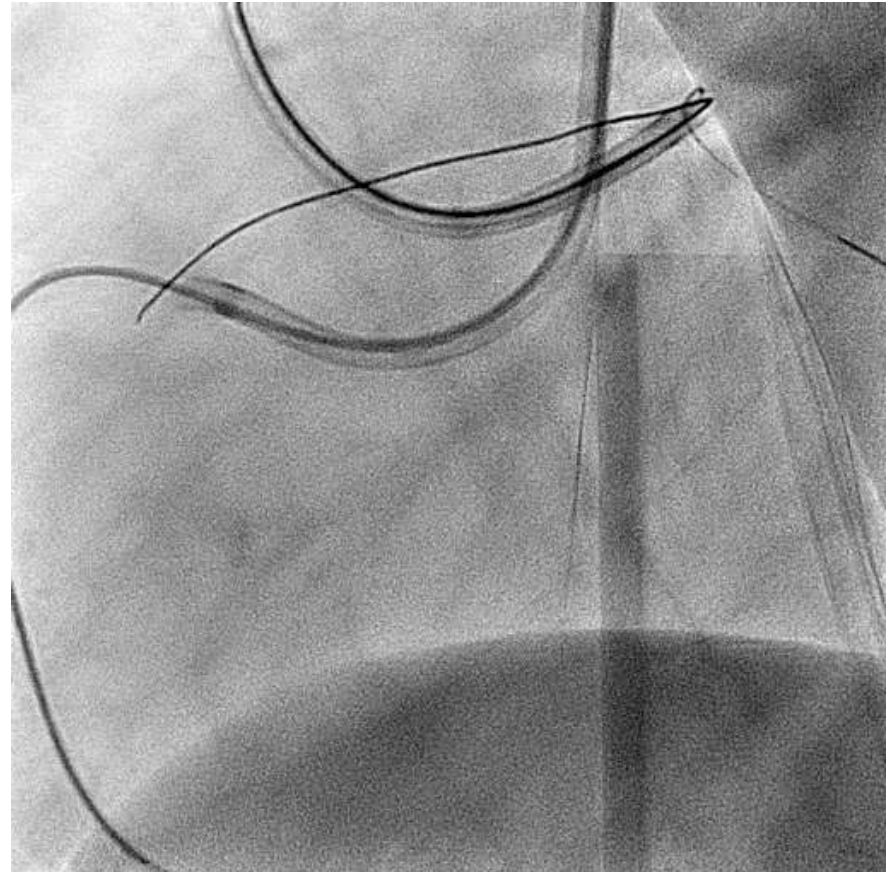
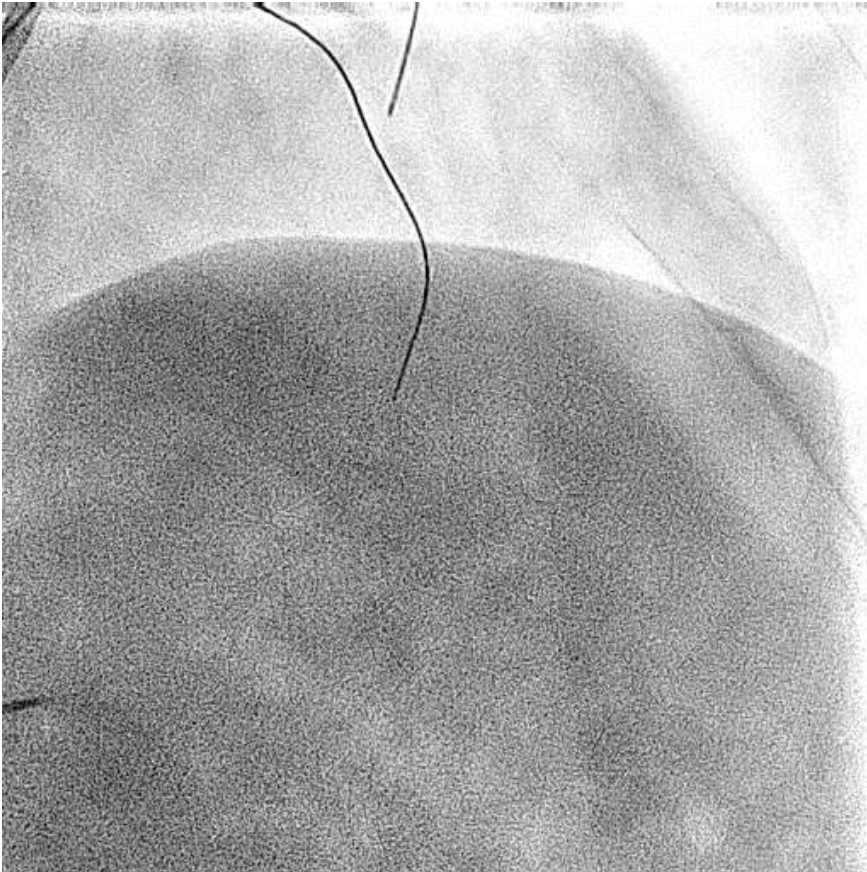


## Case 2 : LAD CTO with LMT(LCX ost.) stenosis



Of course, we need to check GW position by several projectopn.

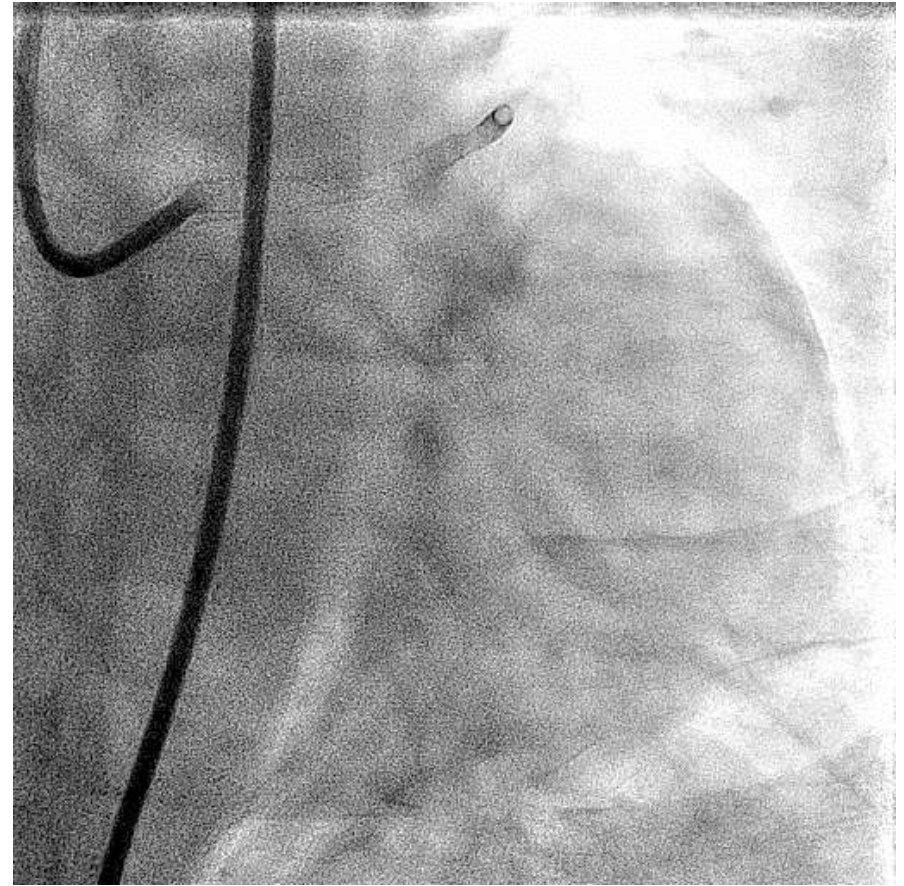
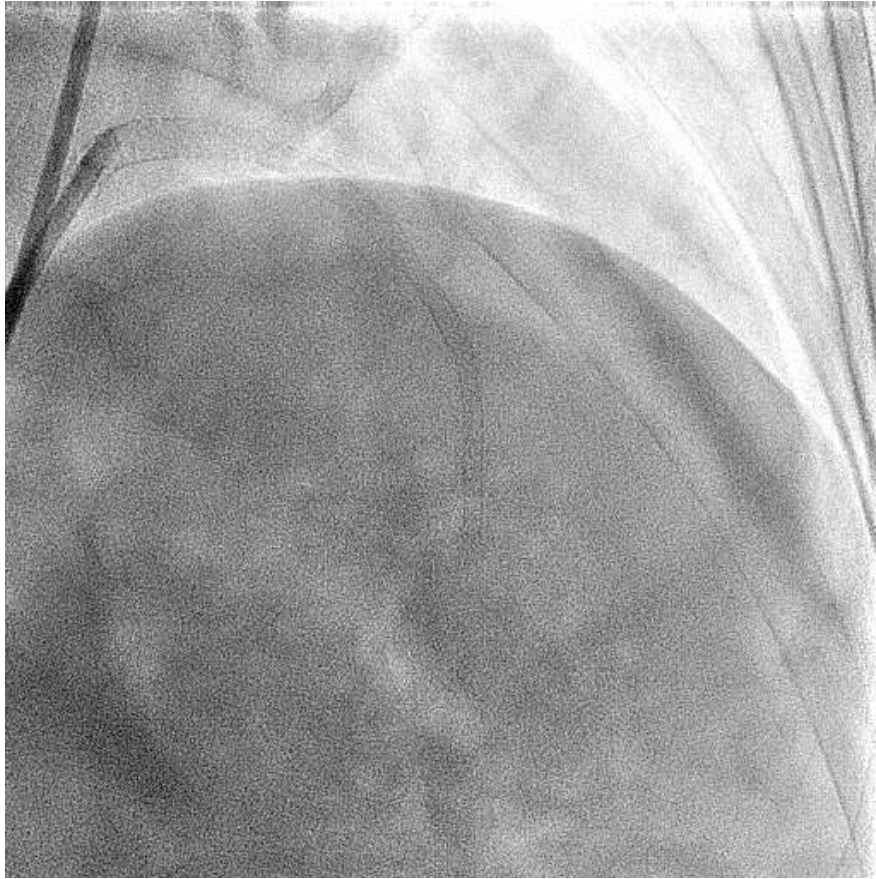
# Case 2 : LAD CTO with LMT(LCX ost.) stenosis



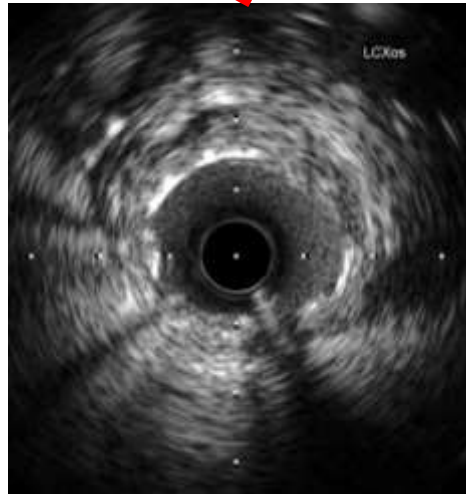
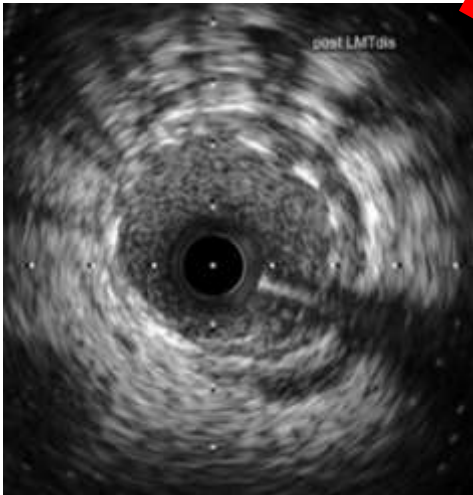
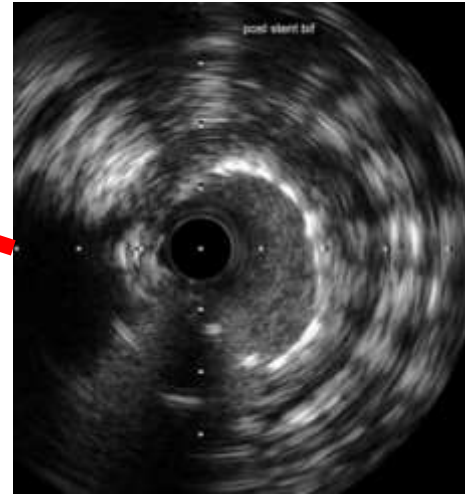
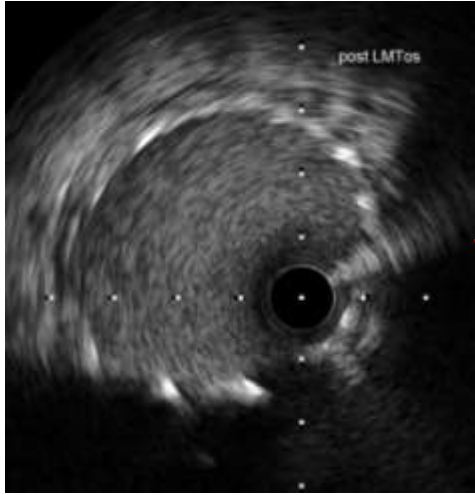
Point is... If we catch the accurate entry point of CTO, 99% of the case, we can track the true route.



# Case 2 : LAD CTO with LMT(LCX ost.) stenosis



Finally... We are good enough to do TAP stenting in LMT



## Key Messages 2

In case of LAD no stamp CTO, usually, we can not see the entry point by IVUS, because of the big space of LMT.

However, if you have a narrowing of the LMT bifurcation area(LCX ost. stenosis), we have a chance to find out ENTRY POINT of CTO



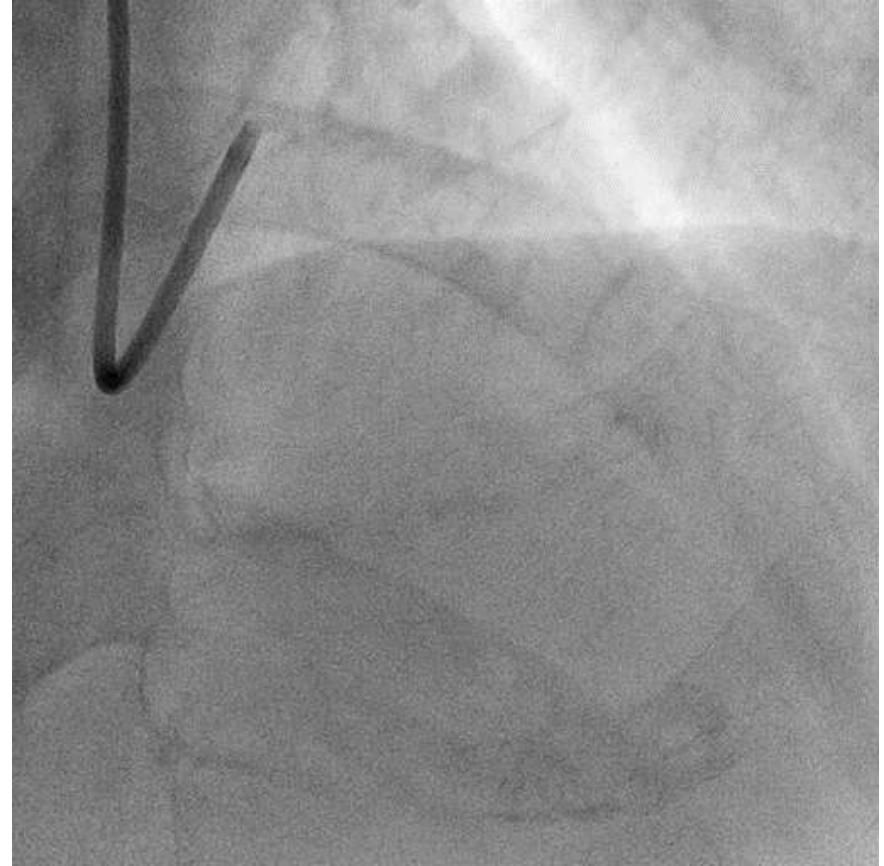
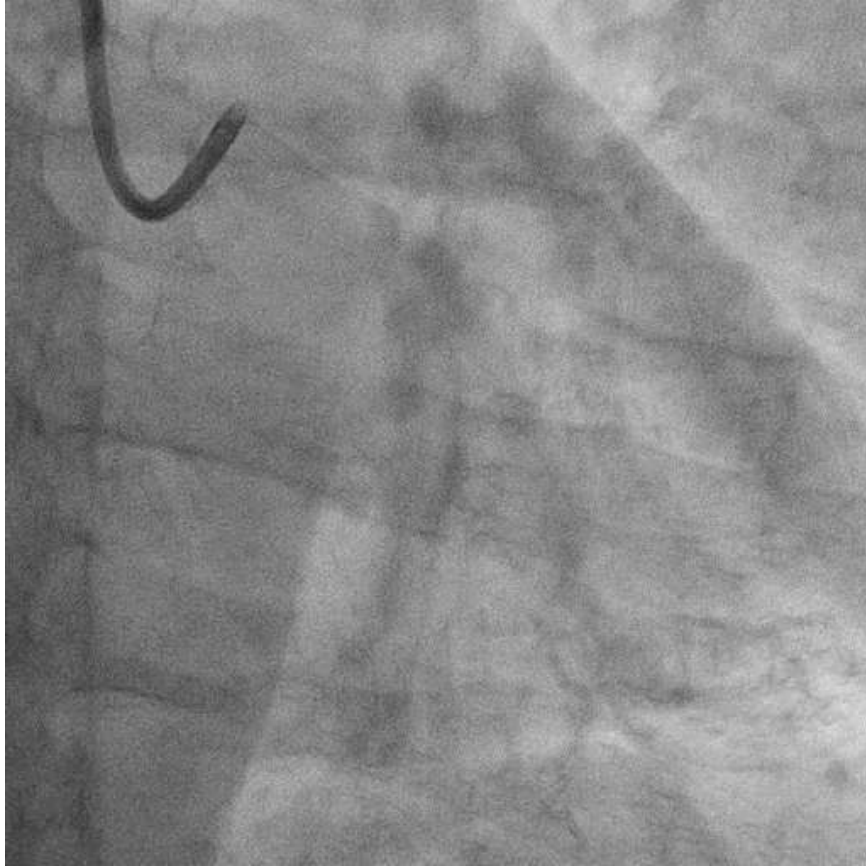
# **Case 3 ; If You are not good enough... You will miss...**

Even looks simple LMT case...

If you miss the rule, and miss the very important findings, you will lose the game.

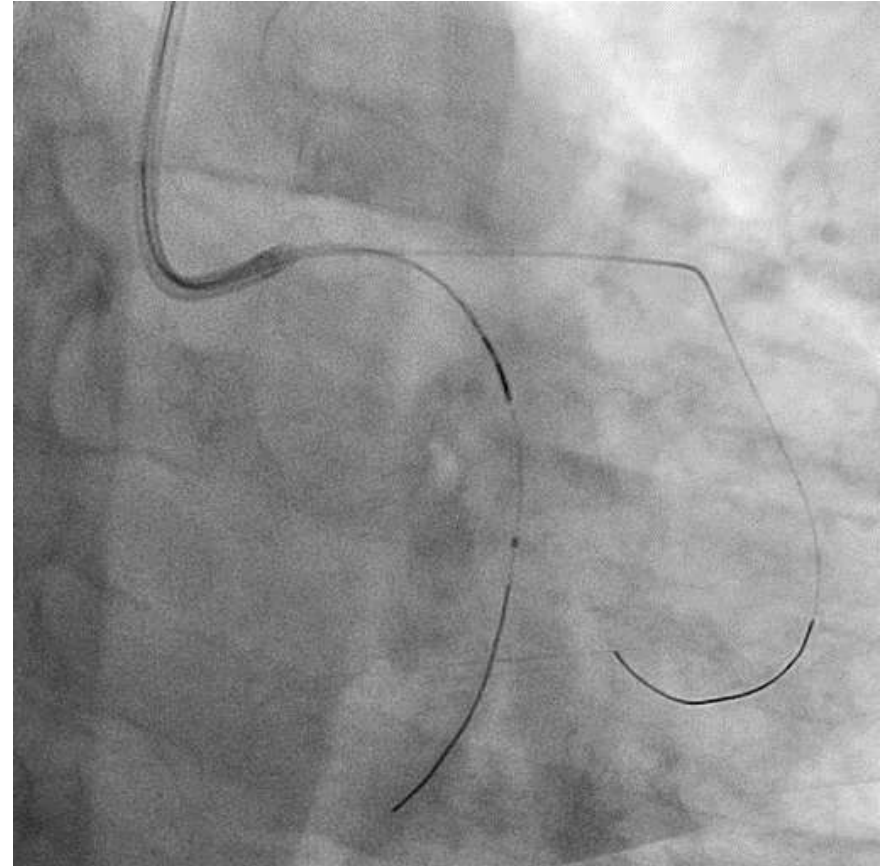
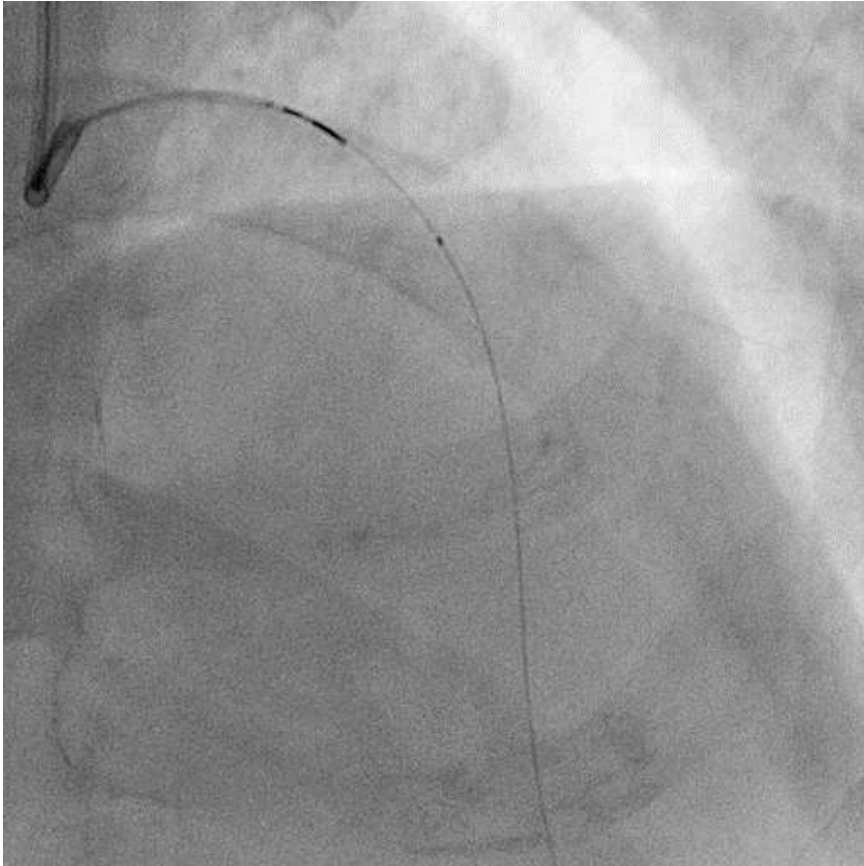
**Watch your steps to climbing route  
with your hand light.**

# Case 3 : LMT body stenosis including....??



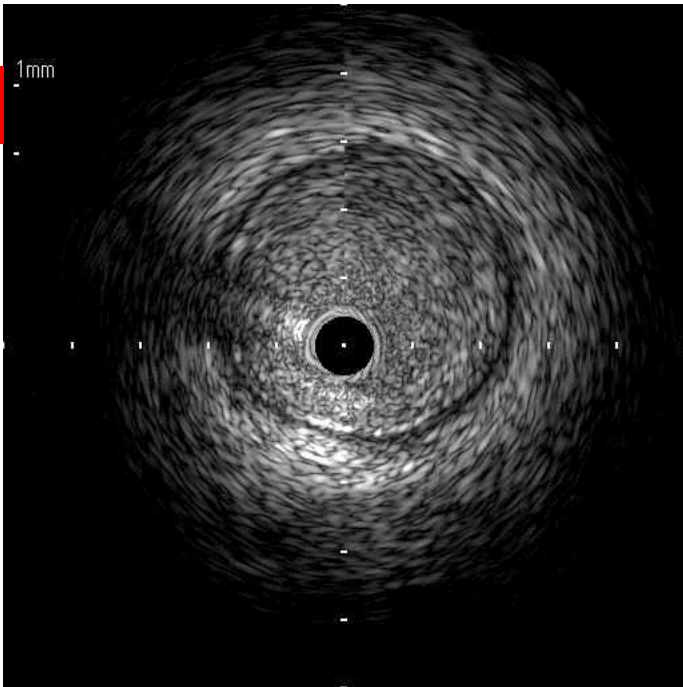
Looks like a very simple LMT body stenosis with some lesion of LCX ostium.

## Case 3 : LMT body stenosis including....??

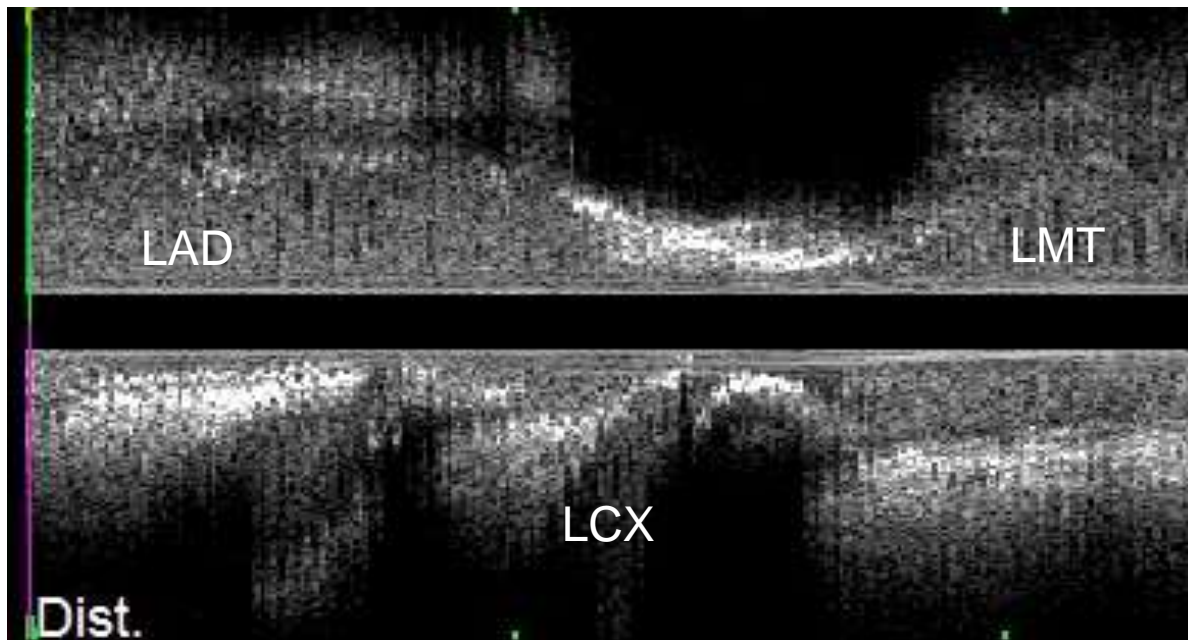
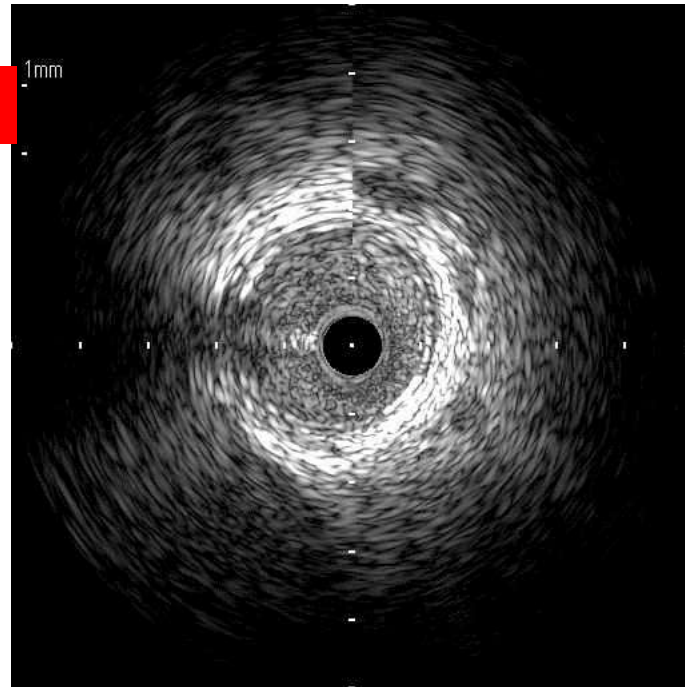


Actually, A/S Operator checked IVUS, but main operator didn't checked IVUS precisely... So They did not realize the situation...

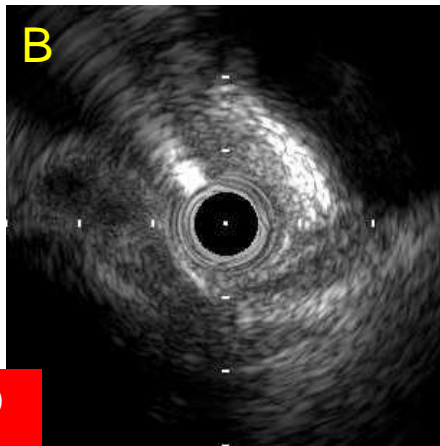
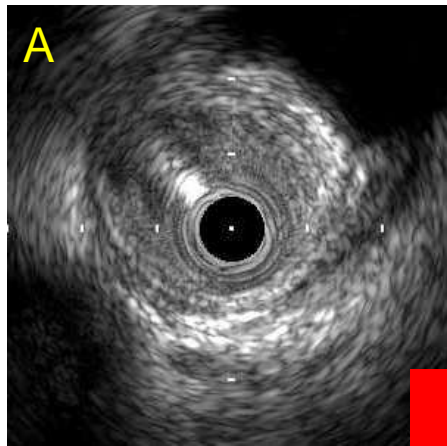
LAD



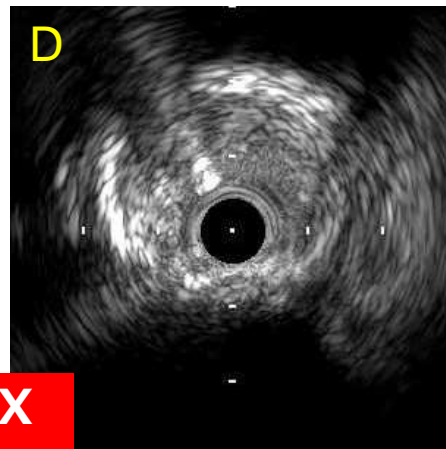
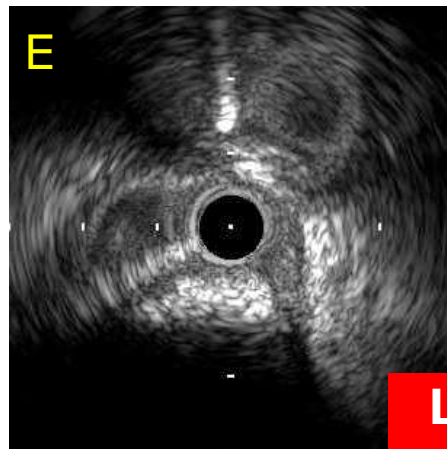
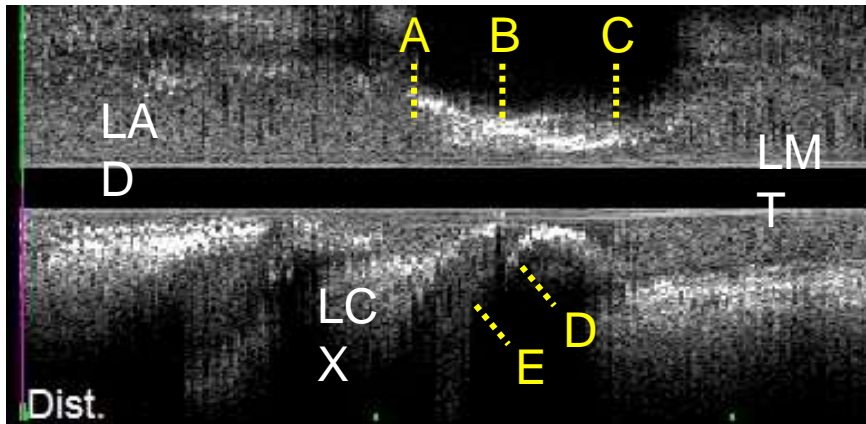
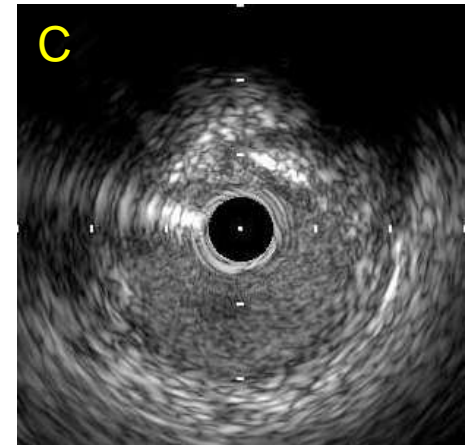
LCX





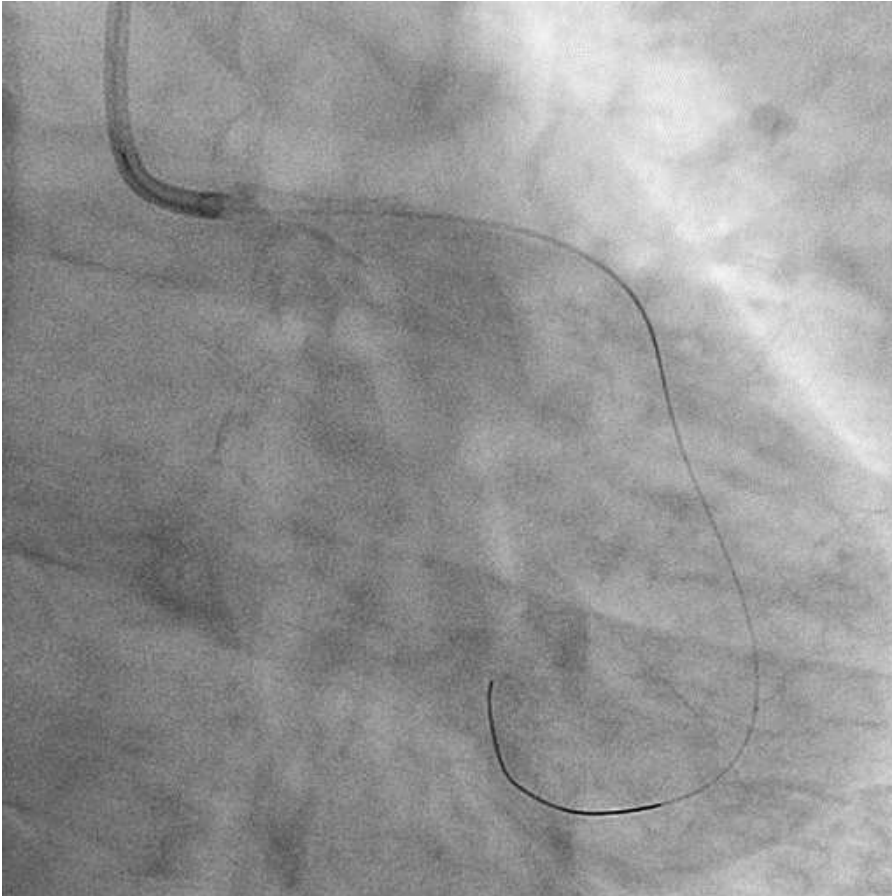


LAD



LCX

# Case 3 : LMT body stenosis including....??

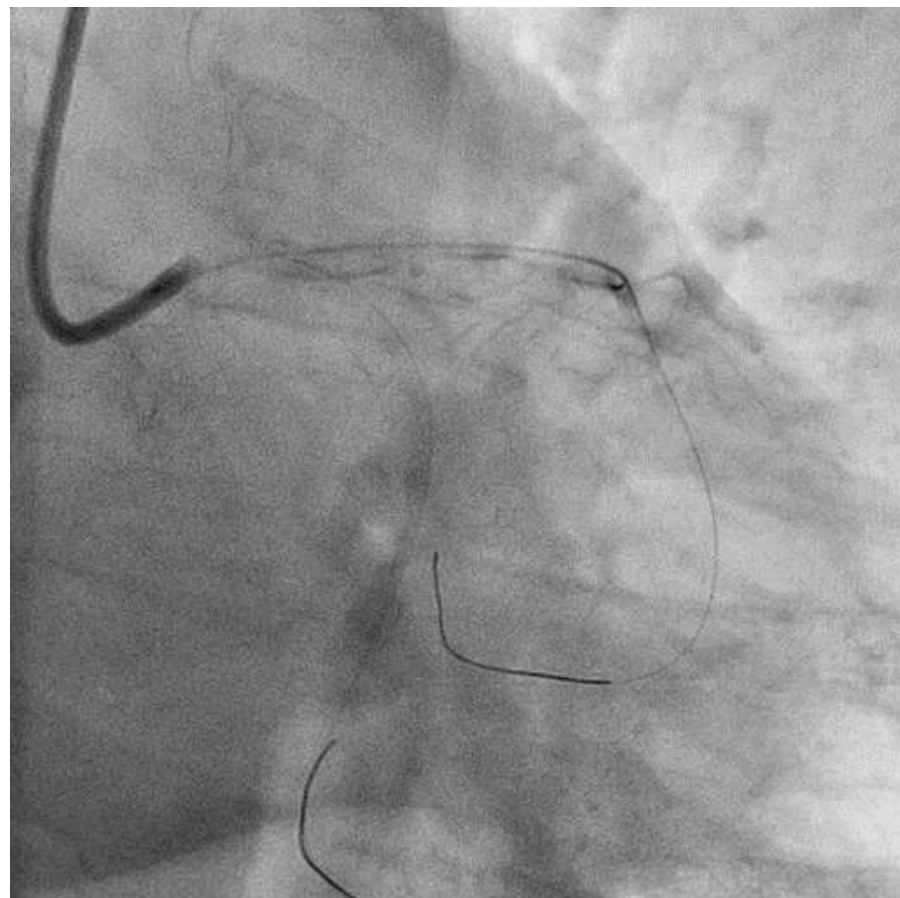
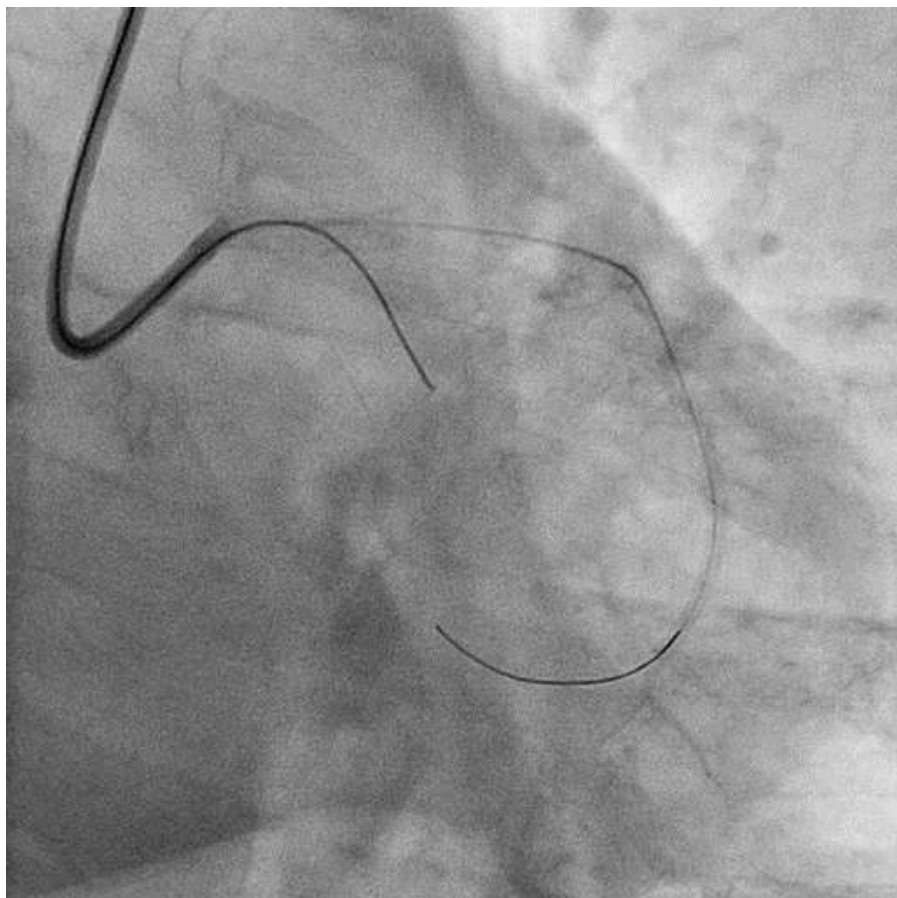


It never rains  
but it pours.

Troubles never come  
singly.

During the procedure, especially the timing of just implantation stent in LMT, Protection GW in LCX accidentally come out. And, we could see the disaster.

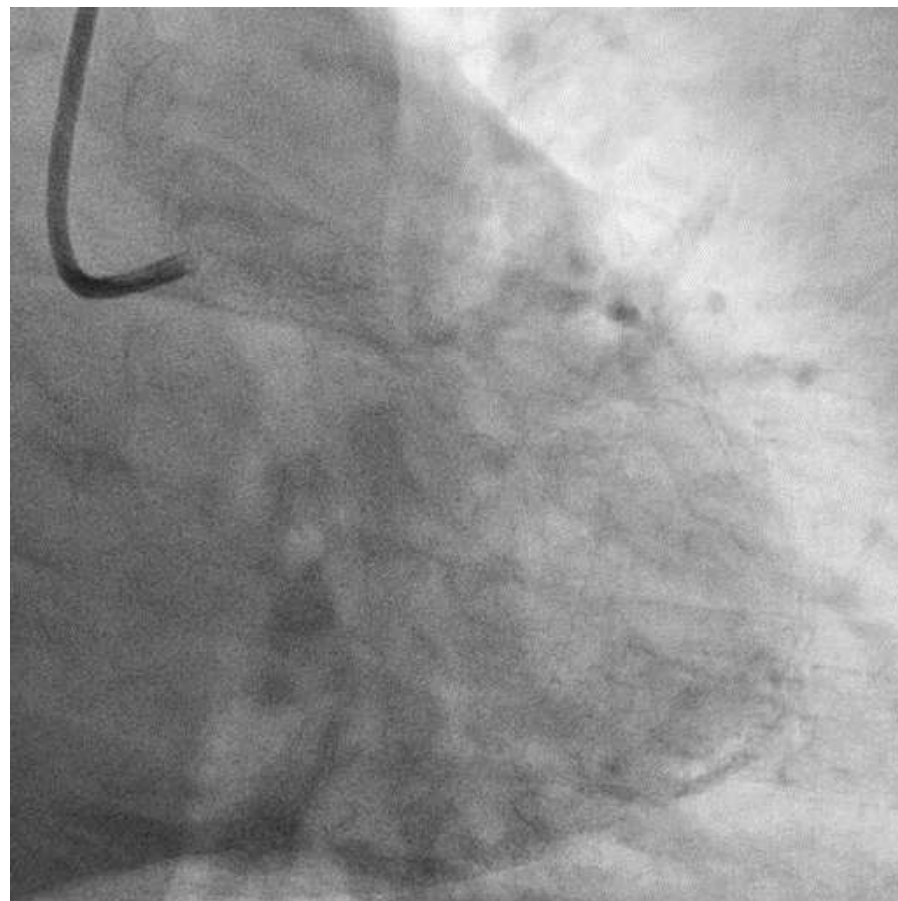
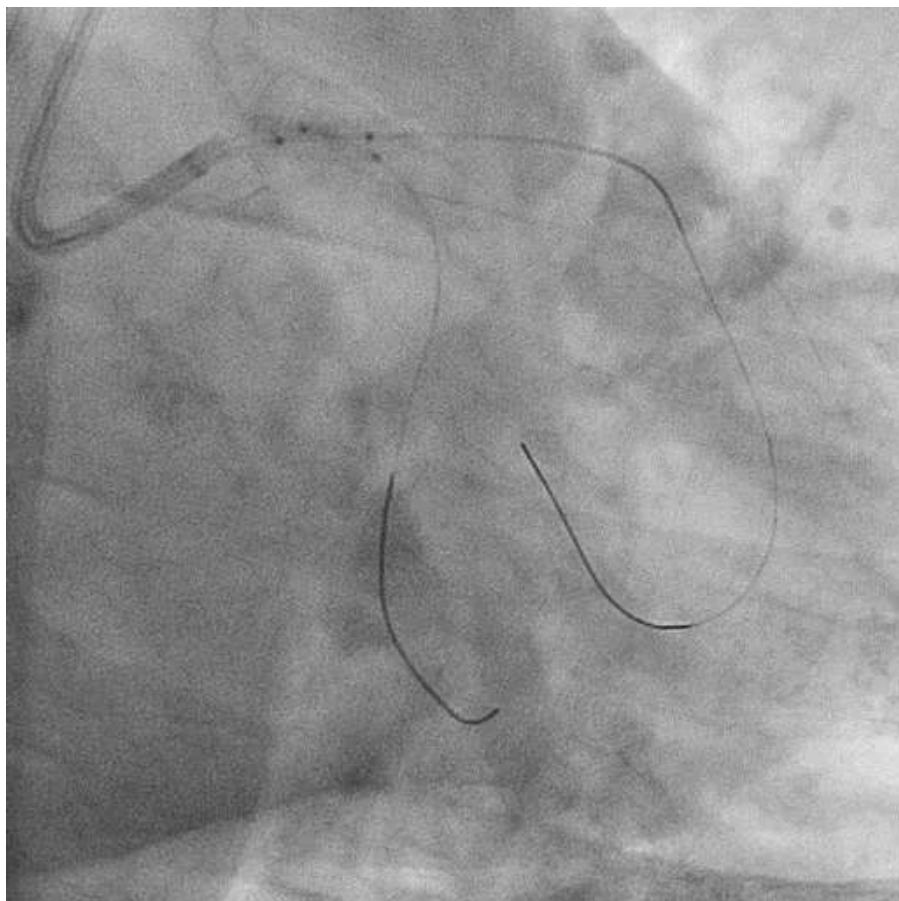
## Case 3 : LMT body stenosis including....??



Thanks to the technique of CTO from my 30 years experience, successfully recanalized with CTO GW within 10 min. and situation cleared.

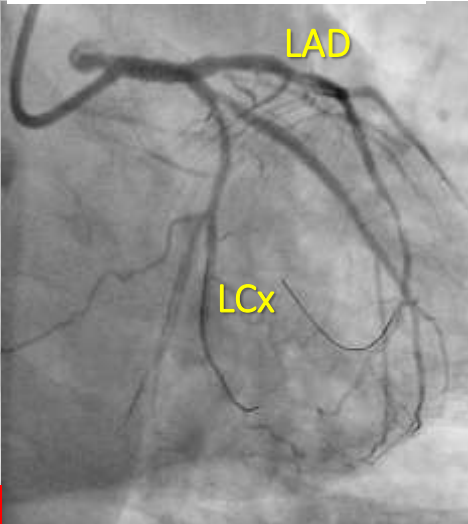
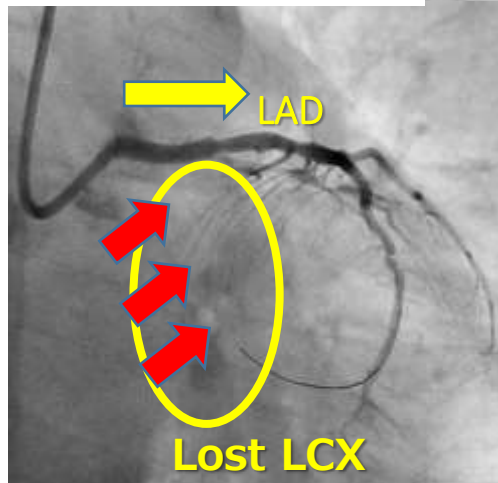
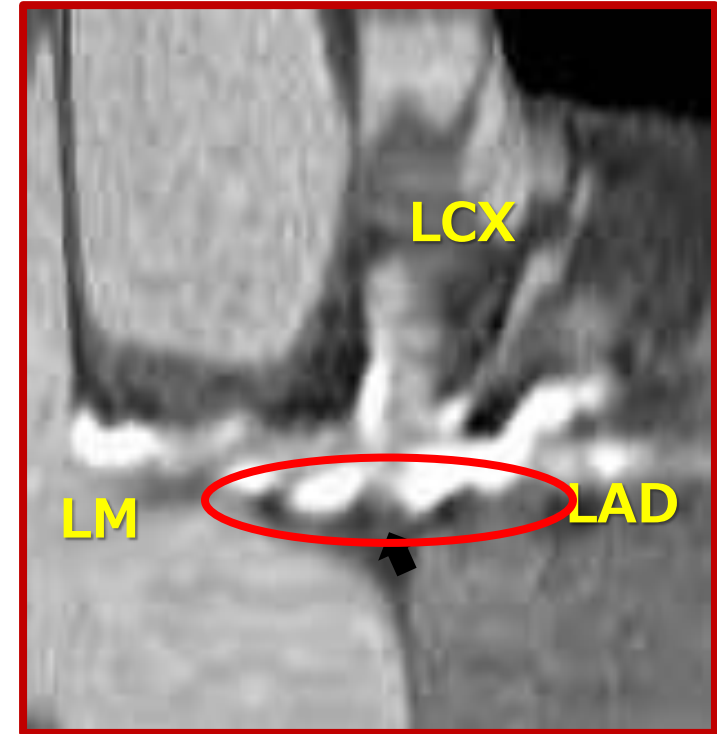
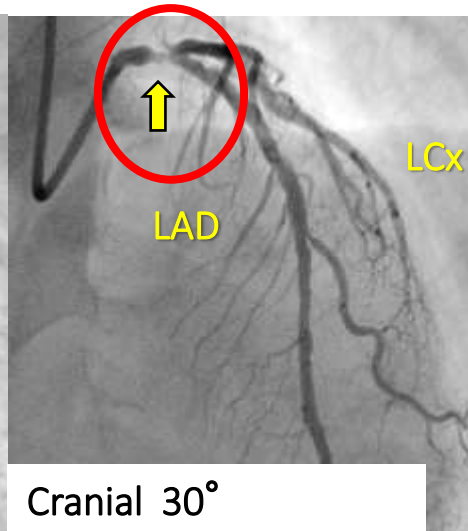
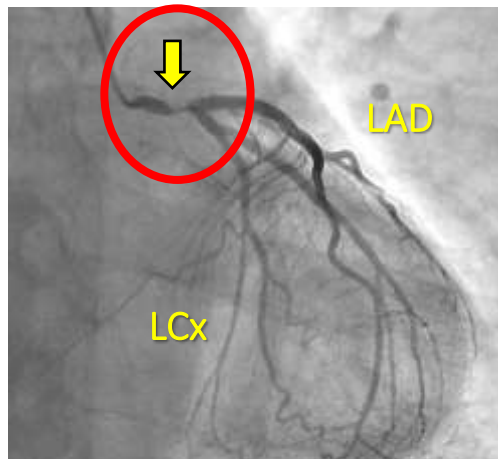


## Case 3 : LMT body stenosis including....??



Finally we did TAP stenting technique to get beautiful angiogram.

# Calcified plaque of bifurcation lesion might be the predictor of side branch stenosis



After Stenting LMT~LAD

Without protection GW  
in LCX .... And LOST LCX

Acute and chronic total occlusion of the left circumflex artery following unprotected left main stenting: two contrasting cases. Watanabe K. Takagi K. Nakamura S. Coron Artery Dis 2015

# Impact of main-branch calcified plaque on side-branch stenosis in bifurcation stenting: an optical coherence tomography study.

Y. Fujino, S. Nakamura, M Costa, et al. Int J Cardiol. 2014 Oct

## Predictive Risk Factor of Side Branch Occlusion


Hypertention	0.94	0.36-2.47	0.901			
Diabetes Mellitus	0.72	0.29-1.82	0.491			
Dyslipidemia	0.46	0.18-1.18	0.106			
Smoking	1.09	0.39-3.03	0.867			
EF (%)	0.97	0.91-1.03	0.294			
Angle (angiographic) <70	9.13	1.93-43.28	0.005	11.83	2.00-70.02	0.007
Angle QCA	0.98	0.96-1.00	0.021			
Calium detected by Angiogram	2.2	0.68-7.16	0.189			
True bifurcation	2.17	0.81-5.82	0.125			
Pre dilatation	1.2	0.47-3.07	0.699			
Pre-stent implantation Main branch, %DS	0.99	0.93-1.05	0.777			
Pre-stent implantation Side branch, %DS	1.05	1.01-1.10	0.018	1.07	1.02-1.13	0.012
Average stent diameter	1.92	0.51-7.21	0.335			
Average stent length	0.99	0.93-1.06	0.776			
Max inflation pressure	1.01	0.89-1.14	0.863			
Calcium Plaque Evaluated by OCT	11.25	2.86-44.25	<0.001	12.32	2.58-58.83	0.002



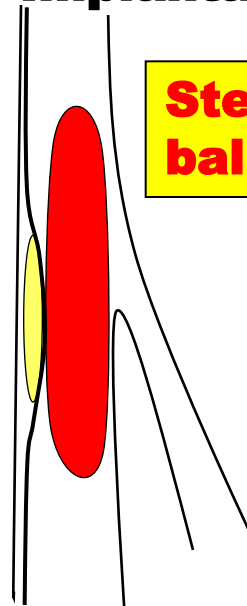
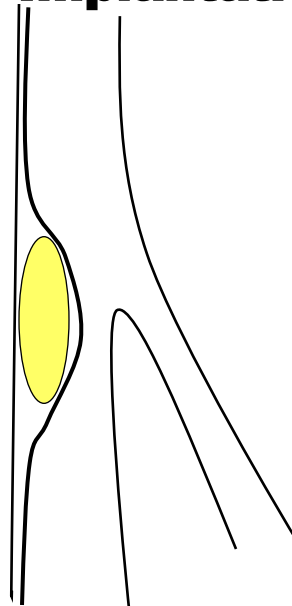
**A Pre Stent  
Implantation**

**B Stent  
Implantation**

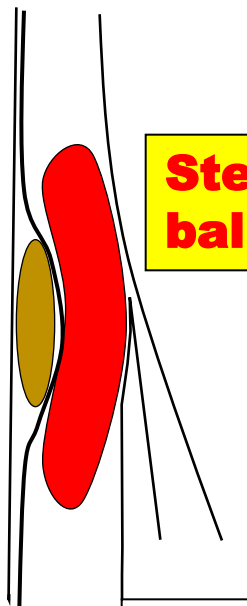
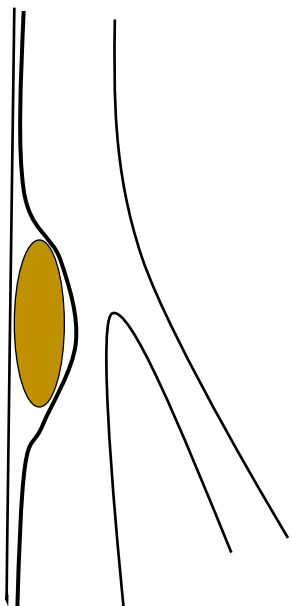
**C Post Stent  
Implantation**

 **Non-  
Calcified  
plaque  
(lipid or  
fibrous)**

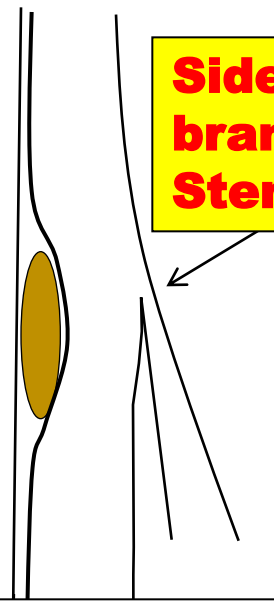
 **Calcified  
plaque**



**Stent  
balloon**



**Stent  
balloon**



**Side-  
branch  
Stenosis**

# Key Messages 3

Calcification opposing to a side branch is a predictive risk factor of occlusion of the side branch in the case of LMT bifurcation PCI.

K.Takagi et al    Coronary Artery Disease 2015

Y. Fujino            Int J Cardiol 2014

Y Fujino et al    2014JACC Cardiovasc Interv 2012



**Kensuke Takagi**  
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**Yusuke Fujino**  
**M.D. FACC**

# Le plus important est invisible

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Something precious is always behind the scene



Antoine de Saint-Exupéry  
1900~1944

The Little Prince



It is only with the heart that one can see rightly.  
What is essential is invisible to the eye.